



WEEK 1 MENU

HAVELOCK
PRIMARY
SCHOOL

Weeks Commencing:

2nd November 26
4th January 27

23rd November 26
25th January 27

14th December 26
8th March 27

MONDAY

Chef's Special Pasta
Bolognese



Three-Bean Chilli
& Rice



Sweetcorn &
White Cabbage



Winter's Eve
Pudding



TUESDAY

Fragrant Veggie Curry
with Coriander Rice &
Aromatic Potatoes



Chicken & Sweet Potato
Curry with Coriander Rice &
Aromatic Potatoes



Peas & Cumin Roast
Cauliflower



Coconut
Cookie



WEDNESDAY

Cauliflower & Broccoli
Cheese Bake with
Roast Potatoes



Chicken & Veggie Pie with
Roast Potatoes & Gravy



Carrots & Roasted
Courgettes



Frozen Mango
Yoghurt



THURSDAY

Margherita Pizza with
Cajun Wedges



Piri Piri Chicken Pizza with
Cajun Wedges



Sweetcorn & Mediterranean
Veggies



Strawberry Jelly
& Peaches



FRIDAY

Quorn Dippers
with Chips



Salmon or White Fish
Fingers with Chips
& Ketchup

Peas &
Baked Beans

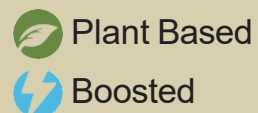
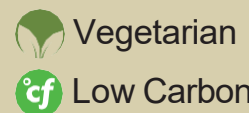


Chocolate & Beetroot
Brownie



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

Menu
Key:



At least 1 of your 5 a day

Halal option available upon request

WEEK 2 MENU

HAVELOCK
PRIMARY
SCHOOL

PLATES FOR
OUR PLANET

Weeks Commencing: 9th November 26
1st February 27

30th November 26
22nd February 27

11th January 27
15th March 27

MONDAY

Plant Power Curry
with Rice


Yaki Noodles


Sweetcorn & Roasted
Courgette


Vanilla & Peach
Sponge


TUESDAY

Creamy Macaroni Cheese &
Homemade Garlic Bread


Lamb Spaghetti Bolognese &
Homemade Garlic Bread


Carrots & Herby
Green Beans


Marble Cake


WEDNESDAY

Root Veg & Sage
Wellington, Potatoes
& Carrots


Roast Chicken Fillet or
Thigh with Roast Potatoes
& Gravy


Peas & Roast
Parsnip


Apple Crumble & Custard



THURSDAY

Cajun Quorn Burger
& Potato Wedges


Grilled Chicken Katsu Burger
& Potato Wedges


Mexican Sweetcorn &
Roasted Butternut Squash


Yoghurt Bar
with Toppings


FRIDAY

Roasted Veggie
& Bean Taco


Fish Fingers or Mini
Breaded Fish with
Chips & Ketchup

Baked Beans
& Peas


Gingerbread
Cookie




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Menu
Key:

 Plant Based
 Boosted

 Vegetarian
 Low Carbon

 At least 1 of your 5 a day

 Halal option available upon request



WEEK 3 MENU

HAVELOCK
PRIMARY
SCHOOL

Weeks Commencing: 16th November 26 7th December 26 18th January 27
8th February 27 1st March 27 22nd March 27

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rainbow Stir Fry with Rice  	Sweet Potato, Pepper & Coconut Curry with Rice   	Shepherdess Pie & Gravy  	Sweetcorn Pizza with Garlic & Herb Wedges 	Cheese & Onion Quiche with Chips 
Cheese, Tomato & Basil Pasta Bake  	Chicken Keema Curry with Rice   	Cheesy Shepherd's Pie & Gravy 	BBQ Chicken Pizza with Garlic & Herb Wedges 	Fish Fingers with Chips & Ketchup
Sweetcorn & Soy Wilted Greens 	Aromatic Potatoes & Broccoli 	Roasted Root Veggies & Vegetable Medley 	Green Beans & Roasted Mediterranean Veggies 	Peas & Baked Beans 
Lemon & Courgette Muffin 	Chocolate Tiffin 	Apple & Banana Cake  	Orange Jelly & Mandarins  	Oat & Raisin Cookie 



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Menu Key:

 Plant Based
 Boosted

 Vegetarian
 Low Carbon

 At least 1 of your 5 a day
 Halal option available upon request

