

Havelock Primary School, Nursery & ARP Newsletter



Friday 10th February 2023

Dear Parents and Carers,

Test weeks

This week, years 1, 3, 4 and 5 had their test week. Well done to everyone for trying their best and for revising at home. We are hoping to see lots of progress in learning!

Safer Internet Day

On Tuesday 7th February, we celebrated Safer Internet Day. Pupils were all learning how to stay safe online and completed various activities throughout the school.

Number Day

On Friday 10th February, we celebrated Number Day to raise money for the children affected by the recent earthquakes in Turkey and Syria. Children were encouraged to dress up in something relating to number and bring in a donation. Links with maths were also made in foundation subjects.

Children's Mental Health Week

Our pupils also learnt about Mental Health this week in PSHE lessons. The theme was 'Let's Connect' and children additionally discussed Zones of Regulation.

Teacher Strikes

Future dates regarding upcoming teacher strikes are planned for:

- Thursday 2nd March
- Wednesday 15th March
- Thursday 16th March 2023

September 2023 Admissions

In readiness for September 2023, please enquire about our Open Days in Early Years. We look forward to welcoming you to our Havelock family!

Important Dates

Half term – From Monday 13th February to Friday 17th February 2023

REGU parent workshop sessions - 21st February 2023, 11.30am and 1.00pm.

Kind regards,

Ms. Naz Abaeian and Mr. Jon Bailey

Heads of school



Follow us on Twitter
for updates on all things Havelock



[@HavelockPrimary](https://twitter.com/HavelockPrimary)

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and let them thrive.***

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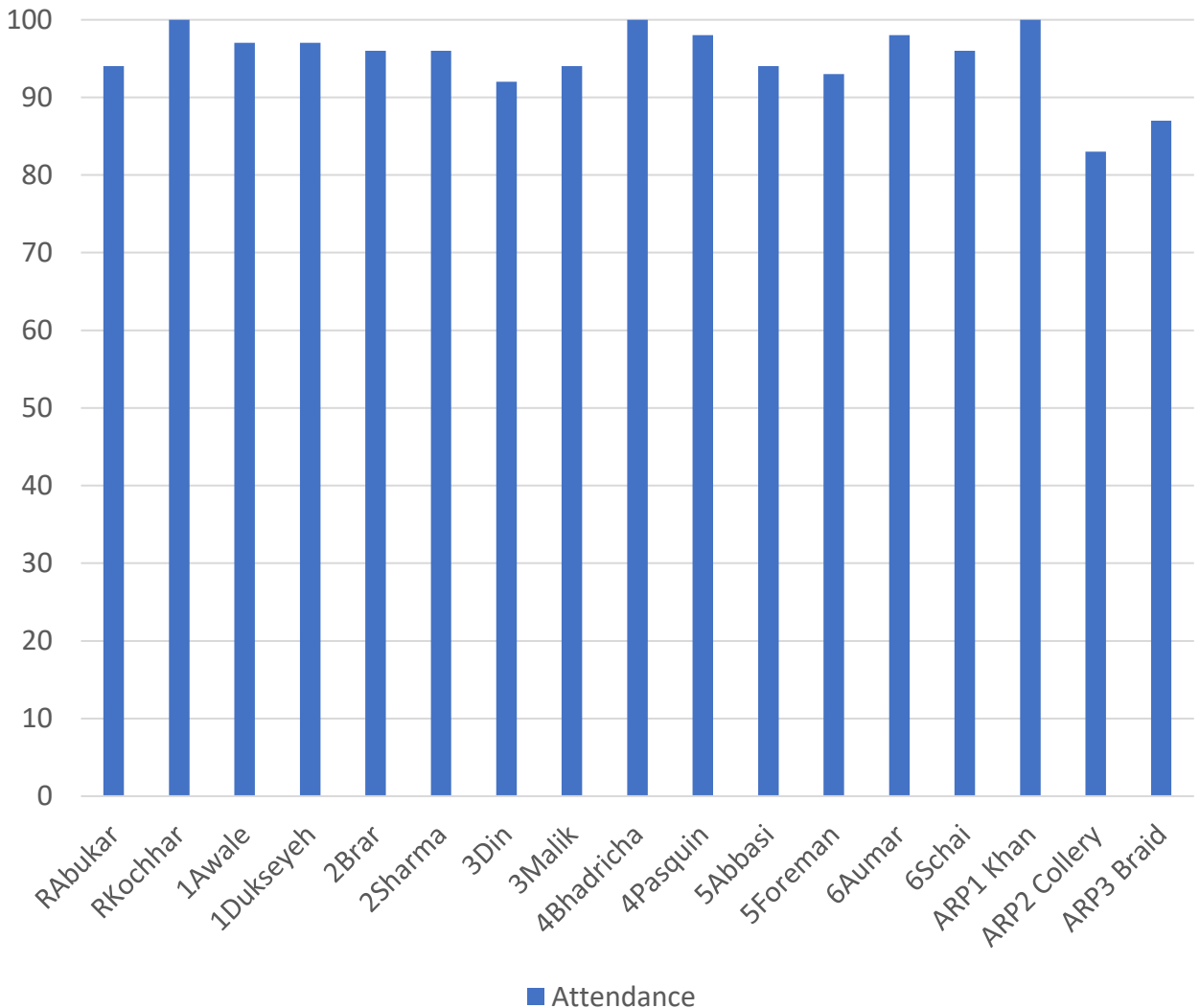
Attendance at Havelock

Remember, good attendance is over 96%! Below are the figures for this week for all classes.

Congratulations to:

4Bhadricha

for their attendance of **100%**! Well done!



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Havelock is a Rights Respecting School



Safer Internet Day is celebrated globally in February each year to promote the safe and positive use of digital technology for children and young people.

The UN Convention on the Rights of the Child is all about ensuring the best possible childhood for every child and young person. All of the rights apply, all of the time, and this includes the time a child spends on the internet.

Article 19 (protection from violence, abuse and neglect):

Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.

When you think of the **internet and being online**, how many different **rights** are connected with this?



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Havelock Primary's 5Rs – Y1

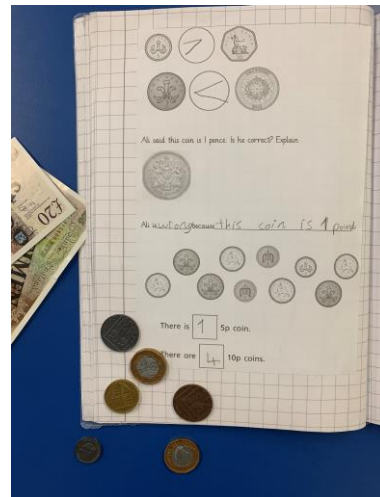


In year 1, the children have been learning to recognise different coins in their maths lessons.

They have been using one of the 5Rs:

Being Resourceful.

They worked extremely hard together to spot similarities and differences between the coins and use their new understanding to help them problem solve.



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Team Trees, Team Seas, Donate Please

A poem by a year 6 pupil written in after school club.

I like to play,
With my friends all day.
We play games online,
And we come out and shine.
We all love to learn,
When we play with others,
We all get a turn.
Treat our Earth with care,
With care.
We need to save it now
Or else we all will frown,
Will frown.
Don't leave the Earth all alone,
Look at how wonderful its grown.
Let's start together,
And change our weather.
We don't want it to die,
Or else we'll all cry.
We don't want to say good-bye,
At least give it a try.
Let's stop pollution,
Start a revolution.
Use electric cars,
Appreciate the stars.
End this fight,
Let's make things right.



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EYFS Stay & Learn Sessions

Thank you to all the parents who have been attending the stay and learn sessions. The sessions will begin again in Spring 2 after half term focusing on early reading.

R Kochhar class sessions will be **EVERY** Thursday 2:55-3:15pm.

R Abukar class sessions will be **EVERY** Friday 2:55-3:15pm.

Ditty 6: naps

Speed Sounds - read the sounds (not the letter name)

s n i a g c t d p m b u o

Green Words - read these words by blending the sounds together

in cat on bus dog mat nan pot
nap naps

Red Words - read these words but tell your child the word if they get stuck

the

a dog naps on the mat
nan naps on the bus
a cat naps in the pot

1.6
thick
— . —

1.6
fox
.. .

1.6
this
— . .

Please continue watching the phonics videos uploaded on Class Dojo and complete the homework daily.

<https://schools.ruthmiskin.com/training/view/PfP6BTXW/9jja5E51>



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Phonics Page

As a school, we teach how to read and become a fluent reader by teaching the Read, Write, Inc programme.

This week's video is all about sound blending books.

Please watch the first of many parent videos using the QR code or link below:

[Click here to watch the video](#)



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Idiom of the Week

An idiom is an expression with a different meaning than its literal one, e.g. if something is hard to find you may say it's like trying to find a needle in a haystack.
Every week, watch this page for the idiom of the week.

All ears

MEANING:

Eager to listen to what someone has to say

EXAMPLE:

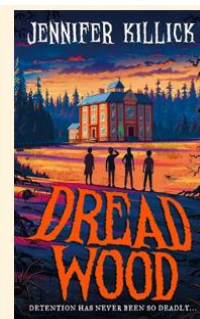
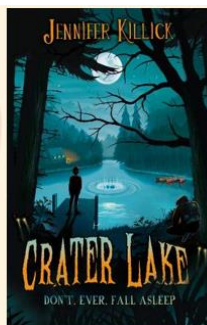
The class was all ears when Ms. Ali mentioned a way to earn extra credit on the test.

Havelock Author of the Week

JENNIFER KILLICK



Winner of the Alexandra Palace Children's Book Award 2021



Jennifer intended to write books for adults when she began her MA in Creative writing but an idea for the first Alex Sparrow book popped into her head and the rest is history.

Jennifer's books will either have you laughing out loud in the Alex Sparrow series or feeling rather spooked when reading Crater Lake or Dread Wood. There's comedy and there's sci-fi horror: whichever adventure you choose to go on, Jennifer's writing will definitely have you eager to read on and find out what happens next!

If you like Phil Hickeys or Struan Murray you'll love these books!

When I pick up a book, I want a plot that makes me desperate to turn the pages, because I HAVE to know what happens next.

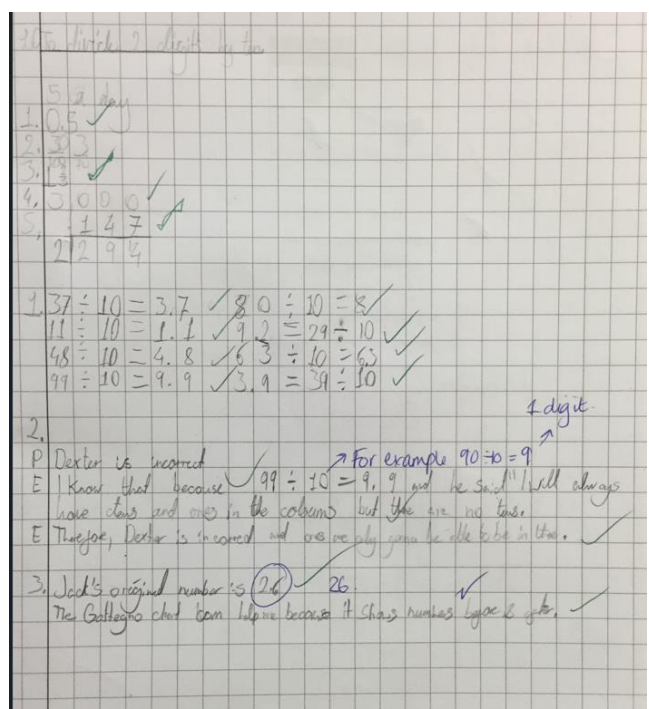
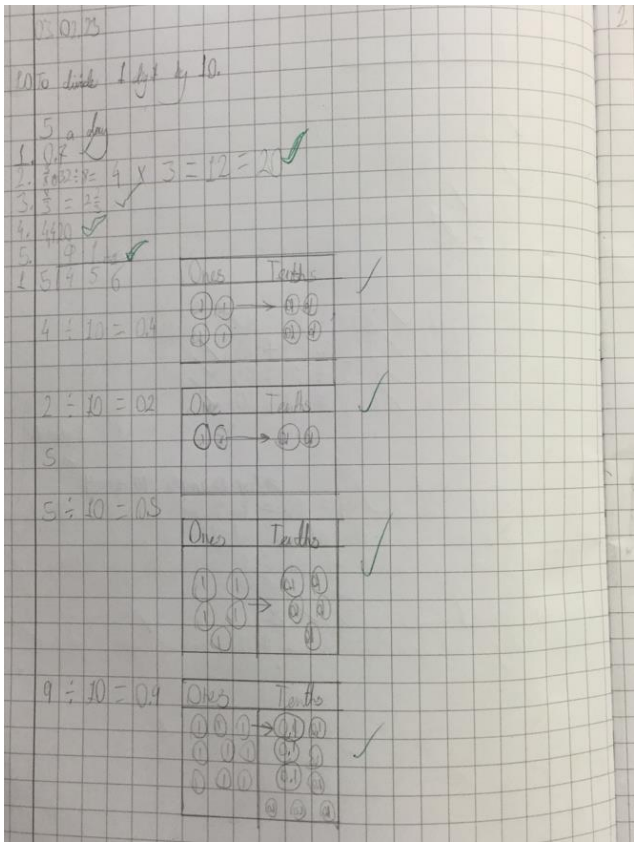
Jennifer Killick says:

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Maths at Havelock – Year 4

Year four pupils have been learning about dividing numbers by 10. They used counters to investigate and analyse what happens to a number when divided. Have a look below to see how the children have challenged themselves with their learning.

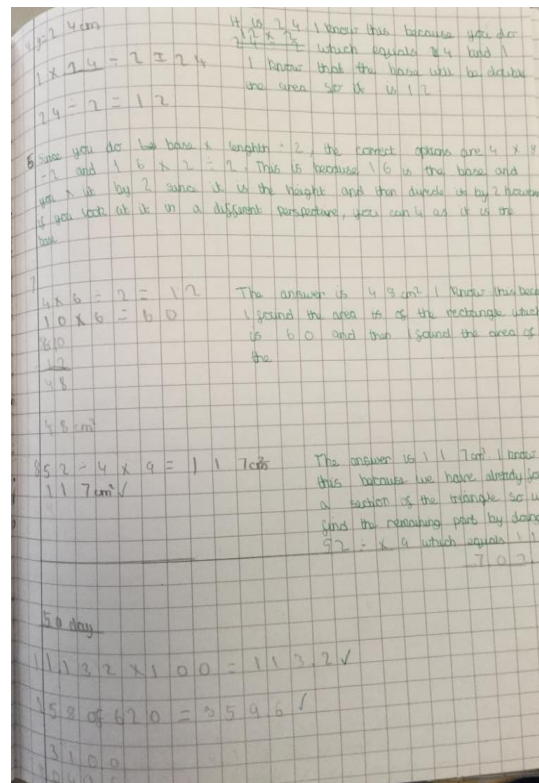
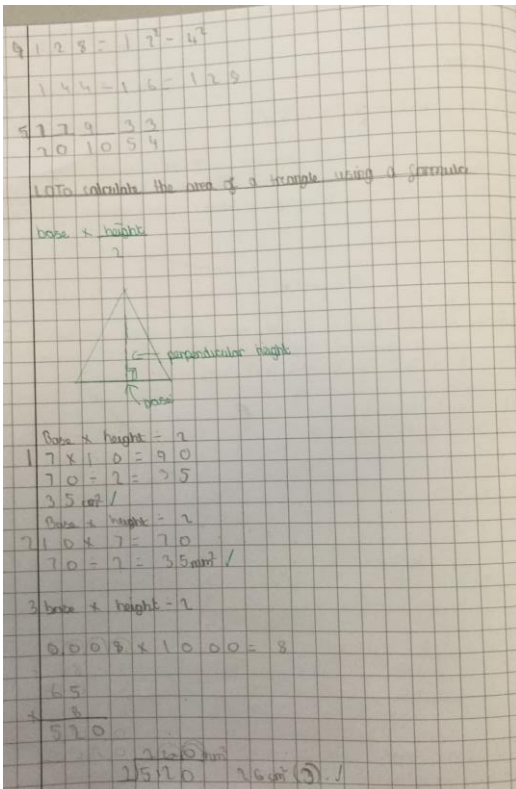


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Maths at Havelock – Year 6

In maths, year 6 have focused their learning on using a formula to find the area of triangles and parallelograms. The children had to link their learning to algebra and draw upon how to substitute numbers into a formula. Have a look at some of their wonderful work below!

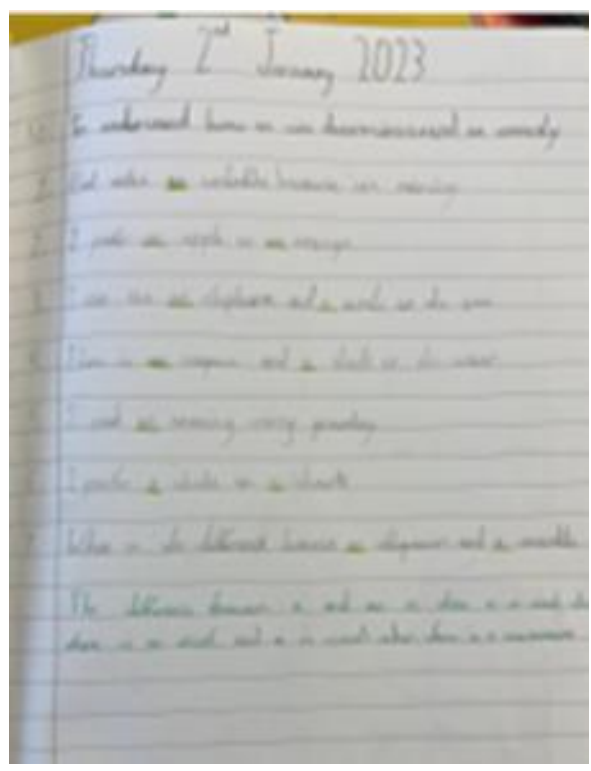




English at Havelock – Year 3

Year 3 have started a new English text called, 'Giant a Panda of the Enchanted Forest.' They learnt new vocabulary and they used their dictionary skills to find the meanings of the words. They also learnt about the determiners 'a' and 'an' and when to use these in their writing.

Vocabulary	Definition
Bamboo	A tall tropical grass with hard, hollow stems used for making furniture
Tourist	Someone who is travelling on a holiday
Flames	A hot, bright stream of burning gas
Endangered	An endangered animal or plant may soon exist because there are not many of them
Threatened	If you threaten someone, you tell them that you intend harm them
Construction	The process of building or making
Panda	A large animal, rather like a bear that lives in China. It gazed people has black fur with large patches of white
Enchanted	If you are enchanted by something or someone you are fascinated or charmed by them
Alarm	If something alarms you, it makes you worried or anxious
Harvest	The act of gathering a crop at the time when it's done



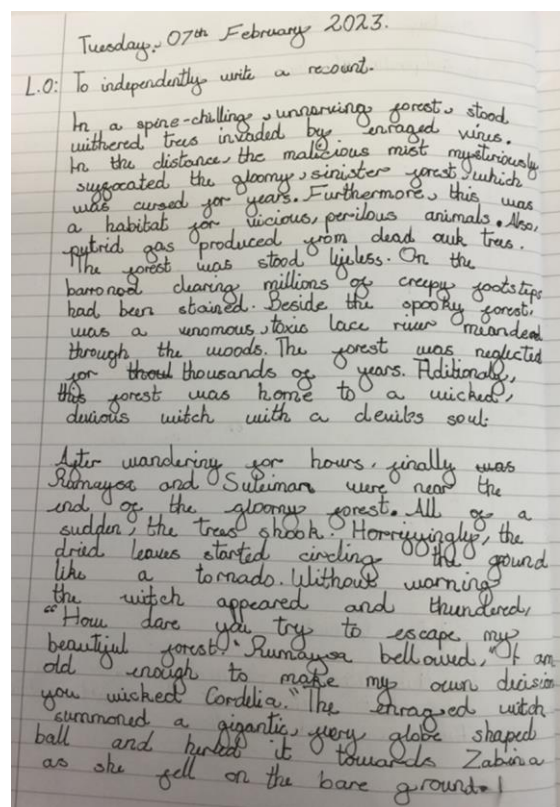
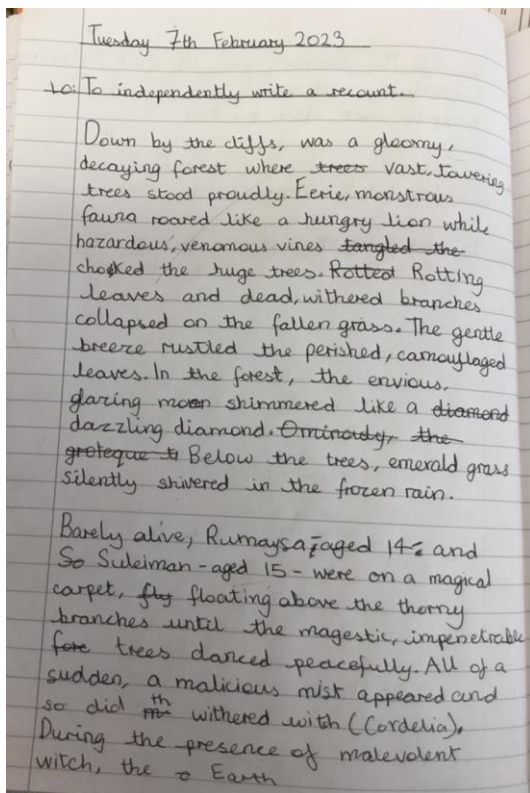
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English at Havelock – Year 5

This week, the children have been writing a recount based on a battle which takes place between two of the main characters from their English text, 'Rumaysa.' They have worked extremely hard to include a range of features from a recount in their independent write, such as chronological order, formal language, past tense, tier 2/3 words and they have also spent time incorporating the figurative device - pathetic fallacy.



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EYFS at Havelock – Nursery

Nursery children were making valentine cards to give to family and friends they love. They were able to talk about the emotion love, who they love and what makes them feel loved. They are starting to understand the emotion through talking about some of the things people who love them may do for them.

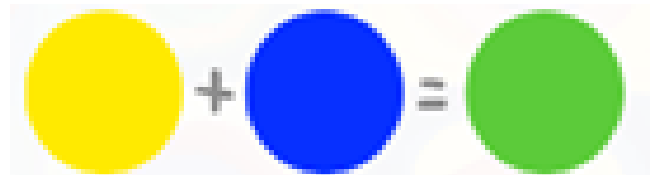
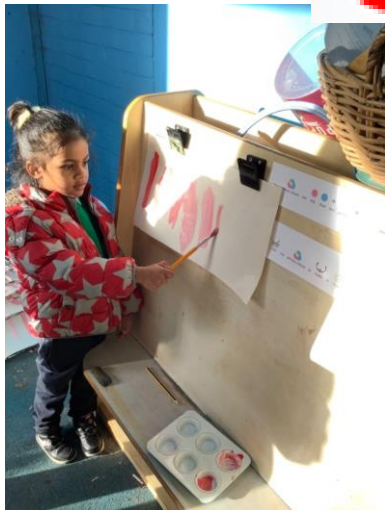
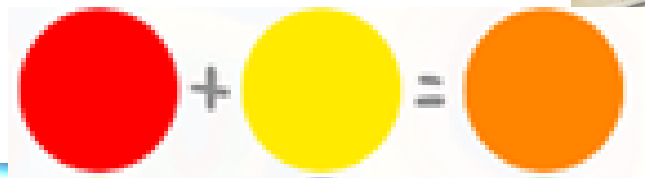
The children were painting different coloured lines on paper and then cutting out heart shapes to stick on to cards to explore different effects.



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EYFS at Havelock - Reception

Reception children have been learning about primary and secondary colours this term. They are able to name the different colours and identify the primary colours. The children have been experimenting with colour, mixing white and black to make them lighter and darker.





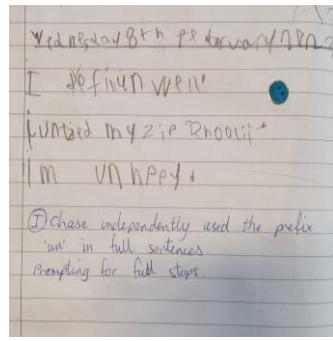
Havelock ARP

This week, ARP1 have been learning to count on. In English, they read the book 'Aaaarrgghh Spider.' They made their own spiders and sequenced the story.



This week, ARP 2 were learning about temperature, how we measure it and how we read a thermometer accurately. In art, we created 'fluffy paint' and explored the texture before creating our art pieces. We also investigated how skittles react in warm water!

This week, ARP3 have been measuring height and length in centimetres and learning how to use prefixes like 'un' to change the meaning of words.



Oral Health Workshops

The ARP was visited by an oral health educator this week who taught them when and how to brush their teeth and read them a story about a special toothbrush!

Find more information on oral health for your child here: <https://www.nhs.uk/live-well/healthy-teeth-and-gums/taking-care-of-childrens-teeth>



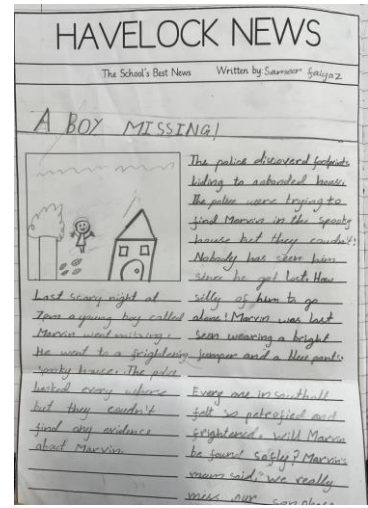
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Class Assembly It was 2Brar's assembly.

English:

Year 2 have been reading a book called 'Kooky Spooky.' It's about a brave boy called Marvin who goes into a mysterious house because he wants to know what's inside. For their final writing outcome, pupils wrote a newspaper article about how Marvin saw a monster in the house, but he managed to run back home safely. They used a range of grammar techniques such as exclamation sentences, questions, coordinating and subordinating conjunctions as well as powerful vocabulary. See an example of their newspaper article below.



RE:

Year 2 have been learning about Humanism. Humanists believe in humans and their power to be good. Humanists like to focus on the 'Golden Rule' – treating others as we would like to be treated, and not treating others as we wouldn't like to be treated. Year 2 created a pie chart of all the special people in their lives.



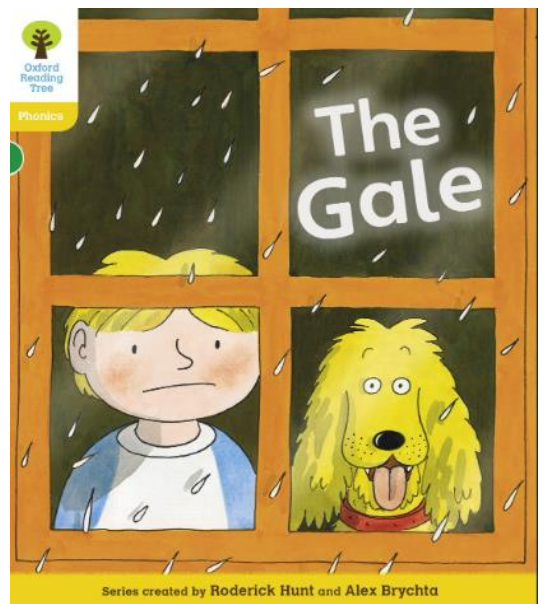
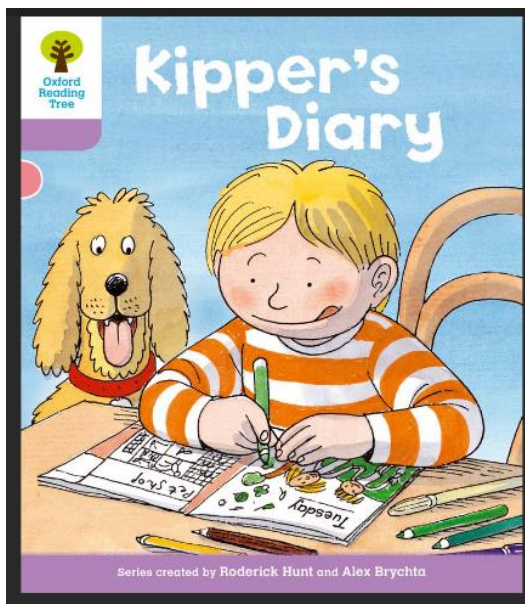
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Book sale

We are still selling the old Oxford Owl books that pupils used to read in school.

We are selling 1 book for 30p or 5 for £1.

If you would like your child to purchase these books, please send your child in with the money (in an envelope, labelled with their name and year group) and they can purchase this during the school day.



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Article 24

Right to the best
possible health



Healthy School

Article 24: every child has the right to the best possible health

As a rights respecting school, we value the importance of healthy eating and encourage plus support children to develop good eating habits, which we hope continues into adulthood.

To encourage our message of making healthier choices, we ask that parents/carers do not send in sweets, cakes or chocolate to celebrate children's birthdays. Please do not feel the need to send in anything as your child's teacher will ensure they are celebrated. For those parents who would like to send something in, we kindly ask that you choose a healthy option such as fruit.

Please see below for some healthy lunchtime and snack options.

[NHS Healthy Lunchbox Options](#)

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Let's Get Out
and About!

February Half Term Holiday Activity Newsletter 2023

Welcome to the February Half Term '23 edition of Let's Get Out and About! In this edition, you will find out more about what is on in your local area during the half term break. Please remember to check the websites of venues before visiting as in some cases advance booking may be required. Enjoy!

SPOTLIGHT ON:

The festival for families returns from 8th – 18th February 2023 for children aged 0 – 11 and their grown-ups: 11 days jam-packed with more than 100 events, 50% of which are completely free.

Half-term highlights include a modern retelling of **Rapunzel by BalletLORENT**, talks by **Cressida Cowell** and **Michael Rosen**, the return of **YolanDa's Band Jam**, a daytime rave with the **world's youngest DJ**, and dinosaurs, magic, astronomy, hip-hop and comedy. For the older kids, Friday 17 and Saturday 18 February have a special focus on ages 7 – 11, with shows including **Everything Has Changed**, which playfully explores the impact of change.



The festival includes a wide range of free, inclusive and accessible events and activities. Imagine Children's Festival is a Relaxed festival, meaning that performances have a relaxed approach to noise and movement in the space, and you are free to enter and exit. A chill-out space and noise-cancelling headphones are also available for both adults and children. Head to [Imagine Children's Festival | Southbank Centre](#) for more information. Some of the events are FREE and no booking required, just turn up on the day NB if you click on the activity and there is no link to book

tickets, you don't need one; others require booking in advance. **How to get there:** Southbank Centre, Belvedere Road, London SE1 8XX. The nearest tube and train stations within 5 – 7 minutes walk are Waterloo (**Northern**, **Bakerloo**, Jubilee and **Waterloo & City** lines) and Embankment (**District & Circle** lines). There are also lots of bus routes with stops 2– 5 minutes from our venues. For more information on getting here by road, rail or river, see below.

Explore, build, play Celebrate architecture and materials with Play Build Play at **the National Gallery** as it approaches its building transformation. **When?** Tuesday, 14 February, Wednesday, 15 February and Thursday, 16 February 2023 11 am - 4 pm (drop-in)
How to get there: **Elizabeth Line** or **Central Line** to Tottenham Court Road Station, then 10 min. walk.
[February half-term: Explore, build, play | Events container | National Gallery, London](#)

If you prefer to head out of town, **The Pavilion Shopping Centre, Uxbridge** is hosting a Winter Play Day on Tuesday 14 February, 10am to 4pm. Come along for a family fun day with activities including dance, story time, a baby corner, games, colouring and much more. **Cost: Free, no need to book.** Find out more: sdurner@hillingdon.gov.uk



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Gunnersbury Park & Museum

A range of **Free** Family Trails are regularly available as well as February Half Term activities including Puppet Making on 14th February 11am – 3pm <https://www.visitgunnersbury.org/whats-on/children-families/make-and-take-once-upon-a-time/> OR make Royal Paper Chains on 15th February 11am – 3pm [Royal People Paper Chains | Gunnersbury \(visitgunnersbury.org\)](https://www.visitgunnersbury.org/whats-on/children-families/make-and-take-once-upon-a-time/) - no need to book. Suggested donation of £2. Click the link to find out about dates and times. Acton Town Tube Station (**Piccadilly** and **District** lines) or South Ealing Tube Station (**Piccadilly line**) then 10 mins walk either route. Buses E3 and 65. [Children & Families | Gunnersbury \(visitgunnersbury.org\)](https://www.visitgunnersbury.org/whats-on/children-families/make-and-take-once-upon-a-time/)

What's on at the local libraries?

Chinese New Year celebration - Acton Library, Saturday 11 February, 2 - 3.30pm

Ealing libraries in partnership with Hong Kong People Association invite you to celebrate the New Year with an afternoon of dance, music and storytelling. Enjoy a relaxing afternoon and find out more about this year of the Rabbit. [No booking required, All welcome](#)

Chess and games club - Acton Library, Saturday 18 February, 11am - 4pm

Come and play chess and other board games including monopoly, dominos and scrabble. No booking required, Ages 5+

Make your own comic Acton Library, Saturday 25 February, 11-12noon, 2-3pm, Join us and create your own story and characters. No booking required, Ages 5+

Create a cushioned heart for Valentine's Day Jubilee Gardens Library, Southall Saturday 11 February, 2pm Make a soft cushioned heart for yourself with tissue paper, No booking required, Age 4+

3D Valentine hearts craft Northolt Library, Saturday 11 February, 10:30am Come and make a big 3D heart to give as a gift or hang up. No booking required, Age 3 and over

Make a bookmark Northolt Leisure Library, Saturday 4 February, 1pm Never forget your place in a book again with this bookmark craft. No booking required, Ages: 5-10

Animal craft Northolt Leisure Library, Saturday 11 February, 1pm To celebrate Darwin Day come make some animals with us. No booking required, Ages: 5-10

Half term reading challenge Northolt Leisure Library, Monday 13 - Saturday 18 February. During Half term, read 6 books to win a medal. Ages: 5-10

KidsYogaFlo returns to Hanwell Library - Free event on Thursday 16th February

Emma Hoddy @kidsyogaflo will run 2 Free yoga sessions on Thursday 16th February. She is running a parent/carer and child (ages 3-5 years) from 10-10:40am. 11-11:50am a session for children aged 6-10 years (parents must remain on site). There are limited places and booking is essential via: <https://bookwhen.com/kidsyogaflo> If you book a place we kindly ask that you inform Emma if you are no longer able to attend so she can offer the space to someone on the waiting list. If you are unable to get a place, then please email Emma at kidsyogaflo@gmail.com and she will place you on a waiting list.

PITZHANGER

MANOR & GALLERY

FREE Drop-in Drawing Workshop for all ages and abilities on Friday 17th February 2023 1.00 pm – 3.00 pm. No booking required.
Come and practice your drawings skills with

artist [Lucia Ferguson](#) in a FREE drop-in drawing workshop for families and people of all ages and abilities in Sir John Soane's Pitzhanger Manor. This is a drop-in session, so participants may come and go as they please over the course of the session, space permitting. Children must be accompanied at all times by a parent or guardian. <https://www.pitzhanger.org.uk/whatson/drop-in-drawing-workshop/>

This newsletter was compiled by the School Partnerships and Enrichment Team, Ealing Council. All information was correct at the time of compilation but please use the weblinks provided to check dates and times before joining an activity. Please contact sthompson@ealing.gov.uk for any suggestions or feedback.

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Ealing Mainstream Universal Speech and Language Therapy Team



Maddy Burnett



Lucy Flaherty



Emily Ball

What we do:

We provide a universal speech and language therapy service to families of children over 5 in Ealing. Children do not need a referral to access our service. We provide:

- Workshops for parents
- Training for practitioners
- Student workshops on Speech and Language Therapy as a career
- Information and advice via social media platforms and an advice line service

Did you know?

10% of children have long-term communication needs - that's 2-3 children in every classroom

Good spoken language skills are strong predictors of later academic success.

Relationships: Language and social interaction play a key role in all children's social development.

To contact our team:

Address:

Speech and Language Therapy Team,
Mainstream Schools Universal Service,
Carmelita House, 21-22 The Mall, W5 2PJ

Tel: 0300 1234 544

Facebook: www.facebook.com/SLTEaling

Advice line: call on 07512 716 478 or email on ealing.sltadvice@nhs.net.

We are open Monday – Friday 1-4pm

We need your help! Please scan this QR code to give us feedback on your experiences with Ealing Speech and Language Therapy's Universal service

You can also complete the survey by clicking on this link
<https://www.surveymonkey.co.uk/r/XPTK5L3>



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Ealing Speech and Language Therapy

Over 5's Parent Workshops

Are you a parent of a primary school-aged child looking for practical advice?

We are running a workshop on:

Understanding behaviours and managing emotions: How can I help my child?

Tuesday 21st February

11-12pm

Via Zoom



On this workshop you will learn:

- ✓ What is my child's challenging behaviour telling me?
- ✓ Why understanding our own and others' emotions can be tricky
- ✓ Practical ways to help children understand and express how they feel
- ✓ Strategies to help manage emotions

PARENTS: to book a **FREE** place:

Email wlm-tr.sltuniversalservices@nhs.net with your name and the name of the workshop

or

Call [07512 716 478](tel:07512716478) between 1-4pm on Monday-Friday

(Please ask to speak to the Universal team about workshop bookings)

Our workshop is free and accessible **via zoom!**

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Playful Parenting Workshops

Suitable for: Parents/Carers of young children

The 4-week course highlights the importance of play and of building attachment through play. It focuses on understanding child development, the brain, attachment and how play supports healthy development and explores the value and benefits of different types of play.

Play is children's way of exploring the world, communicating feelings, getting close to those they care about, working through stressful situations, and simply blowing off steam. That's why "***playful parenting***" is so important and so successful in building strong, close bonds between parents and children. Through play, we join our kids in their world and help them to master many skills and knowledge. Those early beginnings are so crucial to understand, so come along and join us in the Playful Parenting Workshops. You're not just learning, but learning to enjoy playing too. Have a look at this [link](#): [How Early Childhood Experiences Affect Lifelong Health and Learning - Center on the Developing Child at Harvard University](#)

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Wellbeing Cafe

The Wellbeing Café is a social initiative to meet the needs of the Community. Open on the last Friday of each month from 10:30 am – 12:30 pm at Hanwell Community Library, it's a place to meet new people, seek support on emotional health & engage in taster workshops around parenting & family relationships.

A chance to try homemade refreshments, teas & coffees from around the world in a safe space. Whatever the reason, come along to the Wellbeing Café just to have a talk!

When: Last Friday of each month from 10:30 am – 12:30 pm
[starting from 24th February 2023]

Where: Hanwell Community Library
Address: Cherington Rd, London W7 3HL
If you have any questions, please feel free to contact:

Hira Mushtaq

Lead Data Admin | ParentingU LTD
Email: parentdata@parentingu.co.uk

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West London
NHS Trust

Parent Workshop:

Returning to school and managing difficult behaviour

Ealing Mental Health Support Team

Would you like to understand more about returning back to school from the Christmas break and re-engaging back into routines and supporting your child through this time? We will introduce emotional regulation techniques to support the family in returning back to school routines.

Who?

The Ealing MHST is a service designed to **support the wellbeing of children and young people in education settings**, aiming to provide evidence-based support at the earliest signs of difficulties and promote life-long positive mental health.

What?

We are offering a workshop providing information to help you **understand and manage your child's behaviour and supporting them through their return to school**. Grab a hot drink and a biscuit - there is an accompanying resource pack so you don't need to take notes!

When?

The workshop will take place on **Tuesday 31st of January at 12pm** via **Microsoft Teams** video conferencing software. The workshop will last one hour with a 45-minute presentation followed by 15 minutes for questions.

How?

The workshop can be **accessed using this link** [Click here to join the meeting](#)

Or you can sign up by [clicking this link](#) and we will send an email reminder with the workshop link closer to the date.

Microsoft Teams can be downloaded as a free app for phones, iPads/tablets or laptops/desktop computers. We ask that you kindly mute yourself during the presentation and then we will invite you to unmute in the last 15 minutes. Feel free to add questions in the chat box as we go.



Promoting hope & wellbeing together



***We are a growth mindset school. Our job is to challenge our pupils
and let them thrive.***