

# Havelock Primary School, Nursery & ARP Newsletter



Friday 15<sup>th</sup> March 2024

Dear Parents/Carers,

## Science Week

I am thrilled to share the wonderful experiences our students have had during Science Week. It's been an extraordinary week filled with discovery and learning. Our young scientists have been busy exploring the wonders of the natural world, and their enthusiasm has been truly infectious. We've had the pleasure of welcoming some very special guests to our school - a clutch of chirping chicks and a gentle rabbit, which provided hands-on learning opportunities for our students. Observing the life cycle of chicks has sparked curiosity and wonder in our classrooms, while the presence of our furry friend has taught valuable lessons about care and responsibility. These experiences have not only enriched our students' understanding of science but also brought smiles and joy to their faces.

## Parents Afternoon - A Date for Your Diary

Looking ahead, we are excited to invite you to our upcoming Parents Afternoon on **Thursday 21st March 2024**, starting at 1:30 PM. This event will be held in the Key Stage 1 and 2 Hall, where you will have the opportunity to meet with your child's teachers and discuss their progress. This is a wonderful chance to connect with the staff, gain insights into your child's learning journey, and celebrate their achievements. We believe that a strong partnership between home and school is key to nurturing successful learners, and we look forward to seeing you there.

Kind Regards,

Mr Jon Bailey  
Headteacher

**We are a growth mindset school. Our job is to challenge our pupils and let them thrive.**



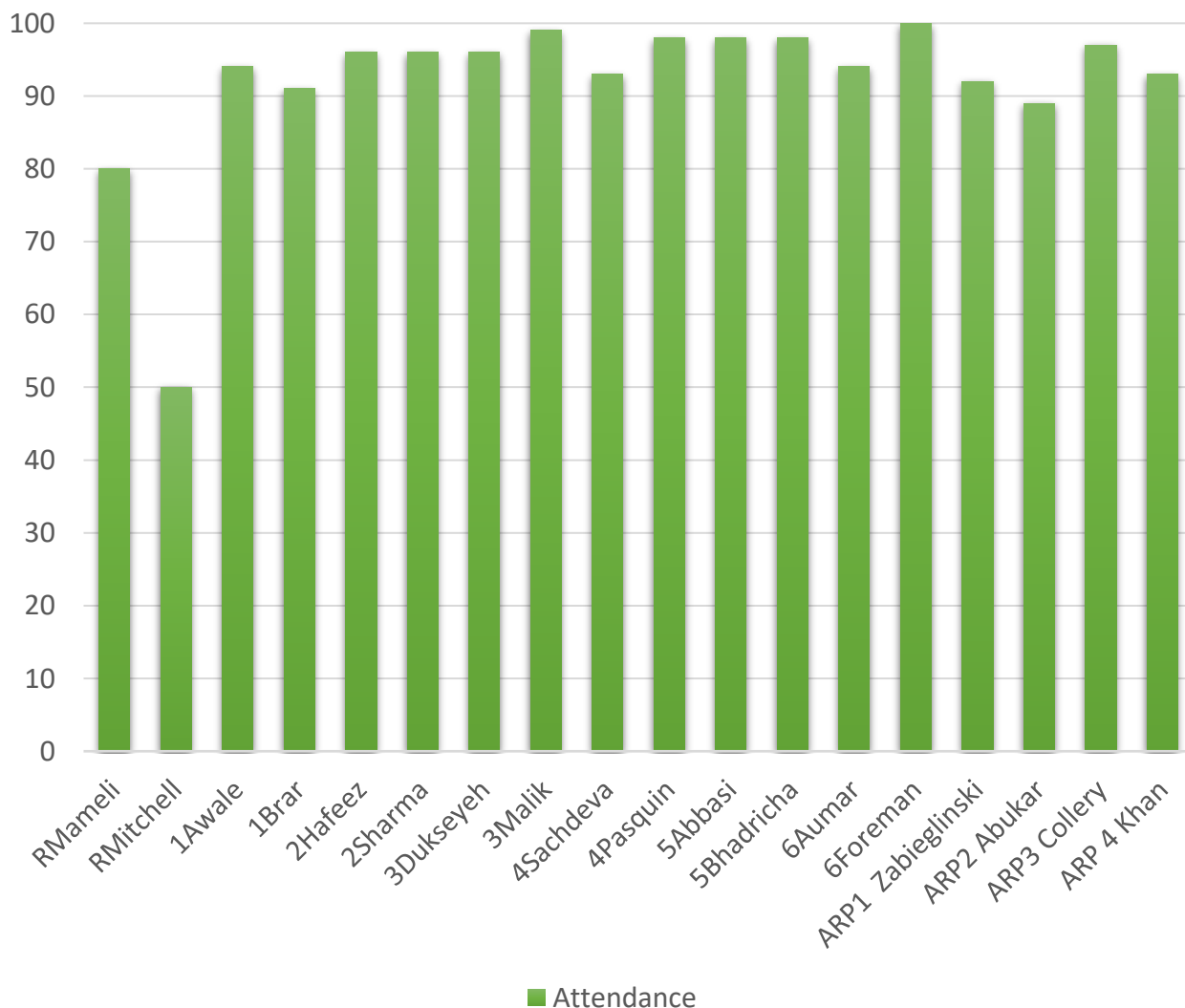
## Attendance at Havelock

Remember, good attendance is over 96%! Below are the figures for this term for all classes.

Congratulations to:

Congratulations to 6Foreman for their attendance of

**100% for this week!**



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## Havelock is a Rights Respecting School Article of the week:

### Article 14- Freedom of thought, belief and religion.

Every child has the right to think and believe what they choose and also to **practise** their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and **responsibilities** of parents to guide their child as they grow up.

Many people in our community are currently observing **Ramadan**. What other religious festivals and events do you know about?

Many religious stories help us to understand the importance of being kind and **respectful** and of looking after each other. Can you create your own story and characters to illustrate these important values?

### Reflection

*Article 14 is all about your thoughts and beliefs. These are very personal things and help to define who you are.*

- What things do you feel most strongly about that make you the person you are?
- What more can you do to help other people around you to enjoy this right?

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## Havelock Primary's 5Rs



### 5R of the week: Build Relationships

**Year 6 have worked extremely well this week to be build relationships when working as a team to act out a group performance in an English lesson. They supported, motivated and listened attentively to one another when rehearsing and executing their performances.**



## Science Week

This week at Havelock we celebrated British Science Week. Children engaged in a range of science investigations and experiments. We also had some special visitors this week including 10 little chicks and 'Snowy' the bunny.



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## Science Week

Across the school children had the opportunity to watch various STEM webinars. They also met scientists from different fields including a data analyst, researcher and radiographer.



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## Science Week

Year 6 pupils have coded their microbits to measure and record temperature every morning, relating it to the theme of change in Science Week



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## Phonics

Please continue watching the phonics videos on class dojo that are sent by your child's phonics teacher. Try practising the below with your children.

Try saying the sound:

<https://schools.ruthmiskin.com/training/view/9zpmf1IV/Y8CCngbk>

Now try Fred talk, read the word and spell the word:

<https://schools.ruthmiskin.com/training/view/c0NJ4m1t/InJW4jot>

Can you hold a sentence and write all the words:

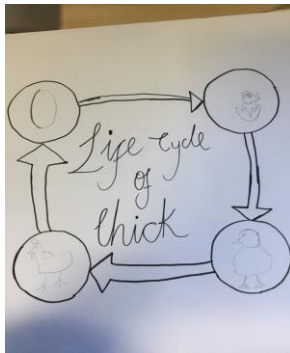
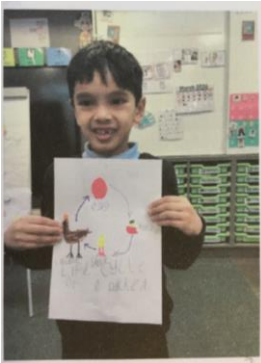
<https://schools.ruthmiskin.com/training/view/8syjK8Bb/aqKrE38C>

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## ARP

### ARP 1

ARP 1 have been learning about the story Jack and the beanstalk. They worked on fine motor skills and used playdough to create magic beans.

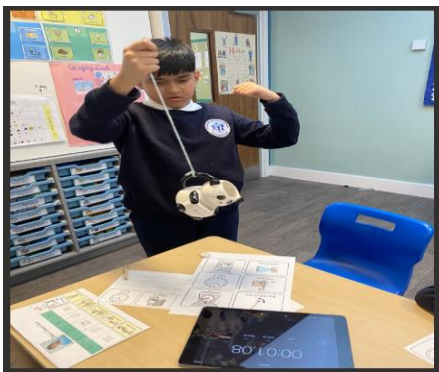


### ARP 2

ARP 2 have been learning about the hen life cycle. They observed live chicks and talked about how they changed over the 2-week period.

### ARP 3

This week, ARP 3 have enjoyed science week experiments! They learnt how an egg is like our teeth, by soaking an egg in coca cola and then using toothpaste to clean it. They have also created an art display based on their English book *Tiddler*.



### ARP 4

One of the investigations children conducted during science week was to test how different objects impact stopping time on a pendulum. They used different skills including measure, record and present data.

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## EYFS

Nursery celebrated Mother's Day with our lovely, hard-working, inspiring Mothers. The children had spoken about all the things mums do to make them happy and then thought about how they would like to show their mum how much they were appreciated.



The children designed and created their own Mother's Day cards.



The children designed and created their own Mother's Day cards.

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## EYFS

We invited the mums in during science week so the children were able to carry out a painting and colour mixing experiment with the mums.



The mums talked about the patterns they were painting together.

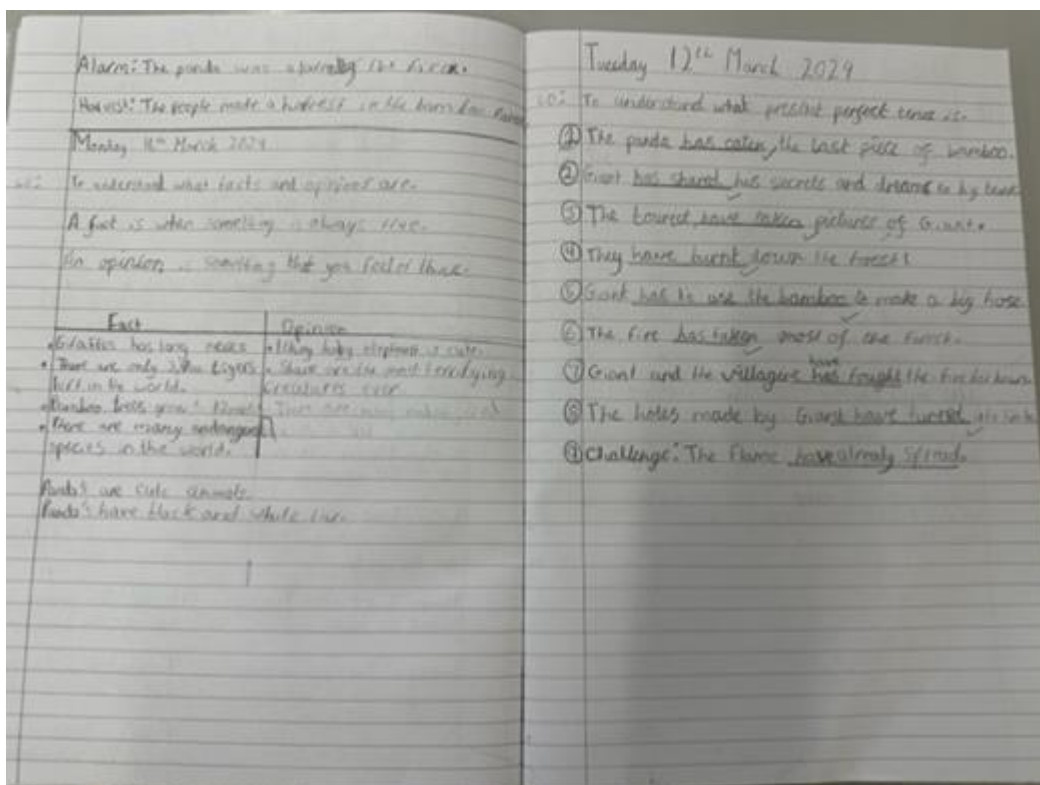
They then discussed the changes from bread to toast and the safety rules when using a knife and toaster.



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## English at Havelock Year 3

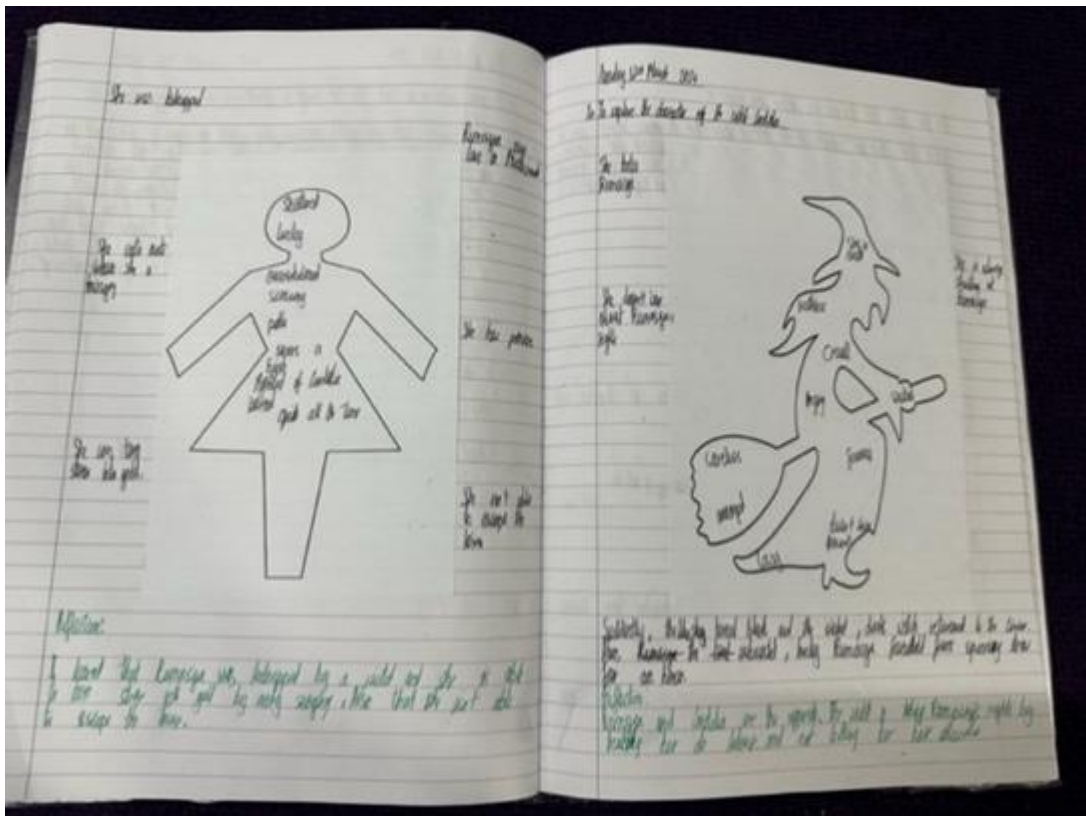
This week, year 3 have been learning about the features of persuasive writing. These include facts and opinions as well as rhetorical questions. Next week, the pupils will be using these features to write a persuasive text.



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## English at Havelock Year 5

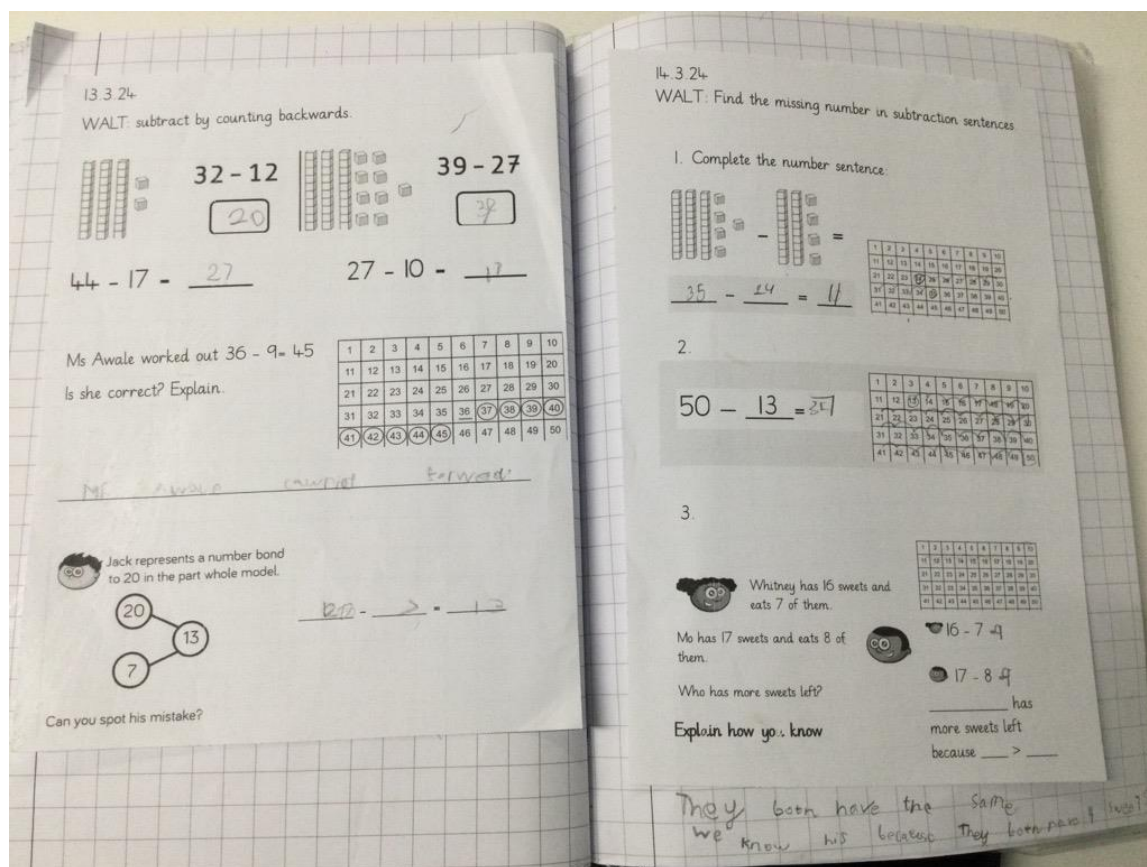
Year 5 have been studying the book 'Rumaysa: a Fairytale' and they have been looking at characters, settings and atmosphere to develop rich descriptions for their narratives. The story has a modern twist to fairytales and the children have explored how this is different to the usual stories they have heard.



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## Maths at Havelock Year 1

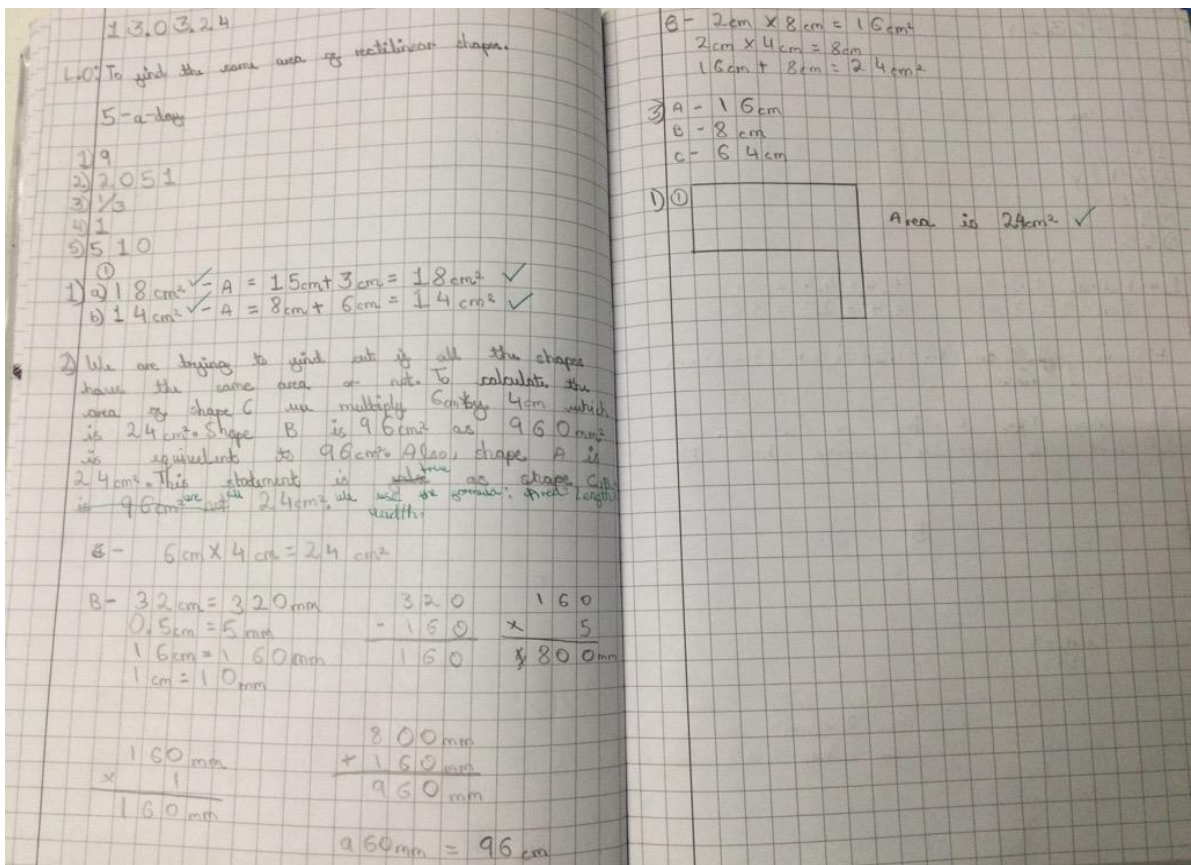
This week, year 1 have been using concrete resources and pictorial images to help with their understanding of subtraction and counting backwards. They explored part-whole models to understand how whole numbers can be partitioned into parts.



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## Maths at Havelock Year 6

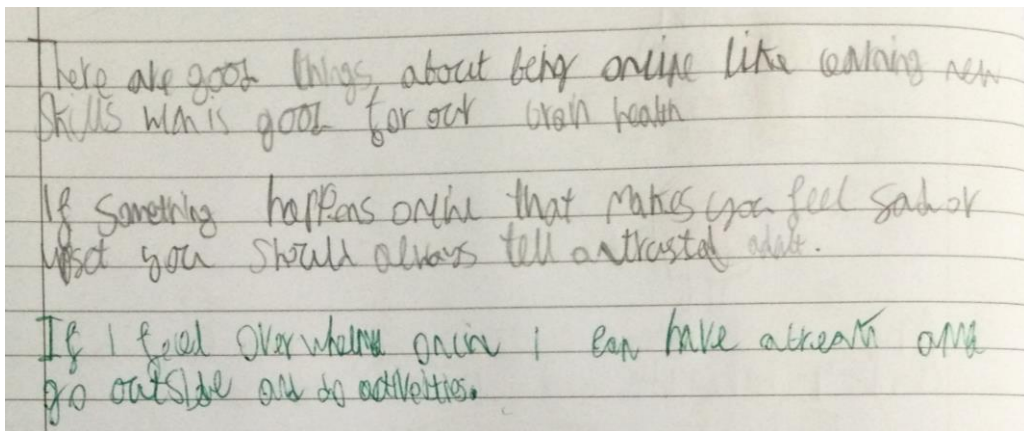
Year 6 pupils have been exploring area and perimeter of rectilinear shapes. They have been introduced to an algebraic formula: area = width x length to then calculate the area of rectilinear shapes after finding the missing lengths.



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## PSHE at Havelock Year 2

Year 2 have been learning about the effects of spending time online. They learnt about the positive ways that technology can be used, like connecting with friends or learning a new skill. They explored the negative impacts of spending too much time online, such as trouble sleeping and lack of exercise. Finally, they considered what they could do to counter any negative effects, for example stop using technology 2 hours before bedtime or planning an outdoor activity with friends.

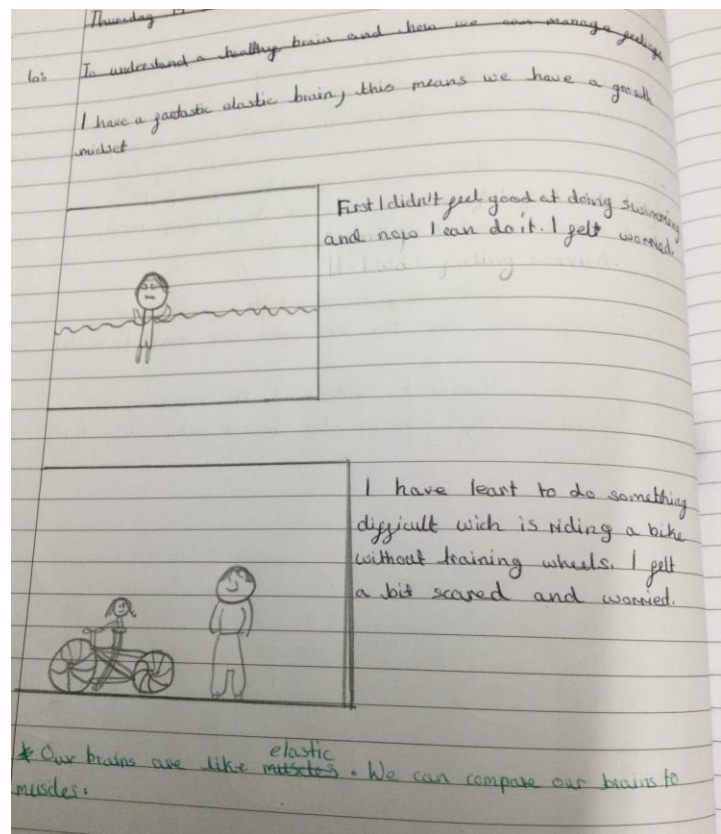
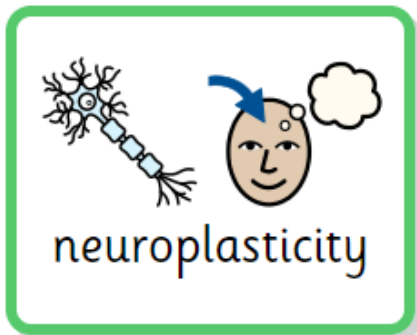


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## PSHE at Havelock Year 4

Year 4 have been learning about neuroplasticity, the brain's ability to develop and create new pathways.

They thought about something they found challenging to learn, and how they felt once they had mastered it.



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## Class Assembly-Year 1 Brar

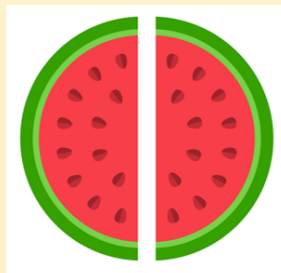
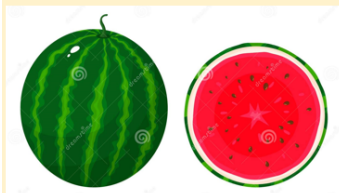
This week, it was wonderful to see Year 1 Brar class perform their class assembly.

The pupils shared their learning in Maths and Geography.

In Maths, they have learnt about fractions: halves and quarters. They completed lots of practical activities to grasp a good understanding.

In Geography they are learning about their local area, Southall. They will be drawing a map from a bird's eye view next week. How exciting!

### Fractions



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# Havelock Primary School, Nursery & ARP Newsletter



**ft Fine**  
Southall **Tutors** Aiming at A\*

We deliver excellent results in:

**Maths**  
**Science**  
**English**

to prepare your children for their:

**SATs, 11 Plus & GCSE**

which means we tutor children from:

**Year 1 to year 11**

Up to  
**85% OFF**  
your fee

Find us at:

**Southall**

Havelock Primary School,  
Havelock road, UB2 4PA

**020 3488 2298**

**075 0751 7171**

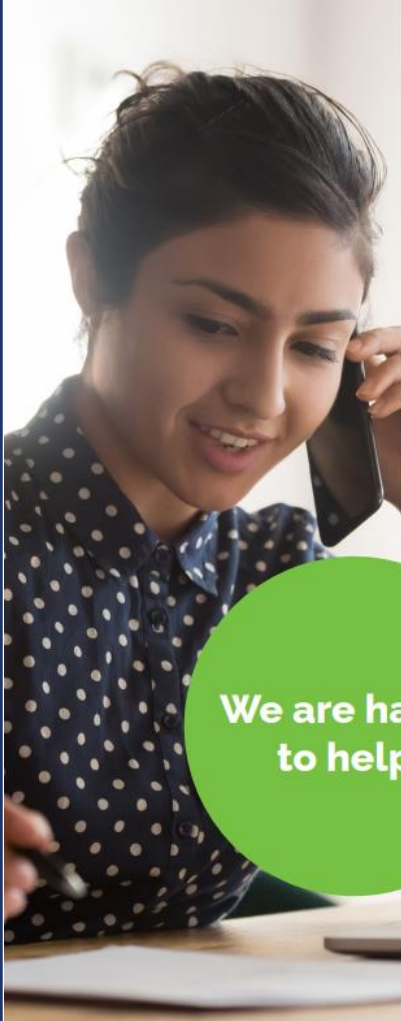
[www.finetutors.co.uk](http://www.finetutors.co.uk)



**Prices**  
**start from**  
**£6**  
**per hour!**

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# Havelock Primary School, Nursery & ARP Newsletter



We are happy  
to help!



Ealing Community  
Partners

## Ealing children's speech and language therapy advice line for parents and professionals

Are you looking for advice about how to support your child (0-18) with their communication at home?

Do you have a general question about speech and language?

**Monday to Friday, 1 - 4pm**  
**07512 716 478**

(We can call you with an interpreter if needed)

Email: [ealing.sltadvice@nhs.net](mailto:ealing.sltadvice@nhs.net)

Facebook: [facebook.com/SLTEaling](https://facebook.com/SLTEaling)

Ealing now offer free advice for parents/carers to call for advice on speech and language. Please see above for more details.

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# Havelock Primary School, Nursery & ARP Newsletter



**NHS**  
Ealing Community  
Partners

## MAKATON SIGN TIME

Run by a Makaton Signing for Babies & Families Trainer

5 week course for parents/carers & their babies or children.

Open to all babies & children. Everyone is welcome!

Learn approx. 100 signs and symbols.

Games, songs, activities & play!

*Optional £10 for 'Makaton pocket book of signs and symbols'*



Makaton signing can  
reduce frustration  
when communication  
breaks down

Makaton signing  
helps children to  
communicate and  
supports talking

Makaton signing  
helps children's  
understanding and  
memory of words

Hanwell Children's  
Centre (W7 3JG)



Wednesday afternoons

Virtual Group on  
Zoom

**OR**



Monday afternoons

To book, please email:

[wlm-tr.sltuniversalservices@nhs.net](mailto:wlm-tr.sltuniversalservices@nhs.net)

South Acton Children's Centre  
(W3 8RX)



Wednesday afternoons

To book, please email:

[sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)

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# Havelock Primary School, Nursery & ARP Newsletter



## FUN & LEARN



Worried about your child's social interaction and talking? Book a place at Fun & Learn!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions  
for children  
under 5 & their  
parent/carer

Supports you to  
develop your  
child's interaction  
and talking at  
home

5 week course  
– you need to  
come to all 5  
sessions!

Choose your preferred Children's Centre - then call to book a place

### Southall

**Havelock**  
UB2 4XW



Fridays 9:30 – 10:30  
Tel: 0208 5711219

**Dormers Wells**

UB1 3HX



Mondays 1:30 – 2:30  
Tel: 07719988113

**Southall Park**

UB1 3AY



Thursdays 10:00 – 11:00  
Tel: 020 8813 8275

### Ealing

**Jubilee**

W13 0JF

Thursdays 1:30 – 2:30  
Tel: 020 8997 2338



### Northolt

**Horsenden**

UB6 0PB

Wednesdays 1:30-2:30  
Tel: 020 8422 3854



**Limetrees**

UB5 5LA

Tuesdays 2:00 – 3:00  
Tel: 020 8845 3807



Spring 2024

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# Havelock Primary School, Nursery & ARP Newsletter



Early Start  
Ealing



## TALK & PLAY



NHS  
Ealing Community  
Partners

Worried about your child's talking? Book a place at Talk & Play!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions  
for children  
under 5 & their  
parent/carer

Supports you to  
develop your  
child's talking  
at home

5 week course  
- you need to  
come to all 5  
sessions!

Choose your preferred Children's Centre - then call/email to book a place

### Southall



Havelock  
UB2 4XW  
Fridays 11:00-12:00pm  
Tel: 0208 5711219

Windmill Park

UB2 4UZ  
Wednesdays 1.00-2:00pm  
Tel: 020 8574 5310  
or 0208 571 0878



### Ealing

Grange or Hathaway

W5 4HN or W13 0DH  
Thursdays 1:00-2:00pm  
Tel: 020 8825 5906



South Acton

W3 8RX  
Tuesday 9.45-10.45am  
Email: [sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)



### Northolt



Islip Manor  
UB5 5RG  
Mondays 9:45-10:45am  
Tel: 020 8845 0601

Perivale

UB6 7AF  
Wednesdays 1:30-2:30pm  
Tel: 020 8825 5380



Spring term 2024

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# Havelock Primary School, Nursery & ARP Newsletter



**West London Asian Society**  
in association with  
**Heartlink Ealing Hospital Heart Support Group**  
Charity No. 1199840



ਦਿਲ ਬਾਰੇ ਹੋਰ ਜਾਣਕਾਰੀ  
ਲੈਣ ਲਈ ਦਕਰਪਾ ਕਰਕੇ  
ਸਾਡੇ ਸੈਮੀਨਾਰ ਦ ਿੱਚ  
ਆਓ।

Invites you all to a **Heart Health Seminar**  
From 12.30 – 2.30 pm on Thursday 14th March  
at SCA, Southall Town Hall, High St, Southall UB1 3HA  
Speaker: Dr Harmandeep Singh  
Consultant Cardiologist, Ealing Community Cardiology  
Website <https://heartlink.charity>



Come along to learn the facts about heart disease and associated problems such as diabetes and high blood pressure. Questions welcome. Tea/ Coffee will be served.

Blood pressure tests will be available for attendees.

Entry by reservation only, Please Contact  
Heartlink at: [info@ealingheartgroup.co.uk](mailto:info@ealingheartgroup.co.uk)  
Jaskaran Singh - 07445333366  
[westlondonasiansociety@gmail.com](mailto:westlondonasiansociety@gmail.com)

Supported By:



इदय के बारे में अधिक  
जानकारी प्राप्त करने के  
लिए क ृ पया हमारे  
सेलमनार में आएं।

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# Havelock Primary School, Nursery & ARP Newsletter



**NHS**  
West London  
NHS Trust

**Ealing Mental Health Support Team**

## WORKSHOPS FOR PARENTS/CARERS

**SUMMER TERM 2024**



Over the summer term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.



If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.



<https://forms.gle/jmUT9kJNRPNdBUAh6>

If you have any questions, please do email us on: [Ealing.mhst@nhs.net](mailto:Ealing.mhst@nhs.net)

### PRE AND POST-ATTENDANCE GUIDE

#### Step 1

Use our QR code to sign up for a workshop(s) of your choice



#### Step 2

You will be emailed a Microsoft Teams link several days before the workshop



#### Step 3

You'll receive another email reminder on the morning of the workshop



#### Step 4

All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

#### Step 5

To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session



Promoting hope & wellbeing together



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# Havelock Primary School, Nursery & ARP Newsletter



## TRANSITIONS

This workshop is aimed at parents/carers of **Year 6 primary school** students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.

**Date: April 16th 2024**  
**Time: 12:30pm - 2:00pm**

## AN INTRODUCTION TO AUTISM

This workshop is aimed at parents/carers of children attending **Primary and Secondary**, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.

**Date: April 19th 2024**  
**Time: 11:30am - 1:00pm**

## ADOLESCENT EXAM STRESS

This workshop supports parents/carers of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

**Date: April 23rd 2024**  
**Time: 1:00pm - 2:30pm**

## TRANSITIONS

This workshop is aimed at parents/carers of **Year 6 primary school** students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.

**Date: May 9th 2024**  
**Time: 11:00am - 12:30pm**

## ADOLESCENT EXAM STRESS

This workshop supports parents/carers of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

**Date: May 21st 2024**  
**Time: 11:00am - 12:00pm**

## UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS

This workshop is aimed at parents/carers of children attending **Primary and Secondary**. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

**Date: May 24th 2024**  
**Time: 11:00am - 12:30pm**

## SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE

This workshop is aimed at parents/carers of children attending **Primary and Secondary** who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.

**Date: June 4th 2024**  
**Time: 11am - 12:15pm**

## AN INTRODUCTION TO AUTISM IN ADOLESCENTS

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.

**Date: June 14th 2024**  
**Time: 11am - 12:30pm**

## UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.

**Date: June 18th 2024**  
**Time: 12:00pm - 1:30pm**

## SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN

This workshop supports parents/carers of **primary**-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.

**Date: July 11th 2024**  
**Time: 1:00pm - 2:15pm**

## TEEN LOW MOOD

This workshop is aimed at parents/carers of **secondary**-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.

**Date: July 18th 2024**  
**Time: 11am - 12:00pm**

## SUPPORTING FRIENDSHIPS IN CHILDREN

This workshop is aimed at parents/carers of **primary**-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

**Date: July 31st 2024**  
**Time: 11am - 12:00pm**



Promoting hope & wellbeing together



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## Crash Course

Join us this Easter Half Term for our **5 day** intensive holiday course here at Seahorse Swim School!

**From: 8<sup>th</sup>- 12<sup>th</sup> April**

TIME		
09:00	STAGE 1	STAGE 3
09:30	PRE SCHOOL	STAGE 2
10:00	STAGE 1	STAGE 4
10:30	STAGE 1	STAGE 5/6
11:00	PRE SCHOOL	STAGE 3
11:30	STAGE 1	STAGE 2

**Price: £50**

There are limited spaces available so please book on as soon as you can.

To book please scan the below:



We look forward to seeing you soon!!

**For any enquiries contact us**

**Email: [swim@horsenden.ealing.sch.uk](mailto:swim@horsenden.ealing.sch.uk)**



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