

Havelock Primary School, Nursery & ARP Newsletter



Friday 7th June 2024

Dear Parents/Carers,

We are thrilled to welcome each and every one of you back to the new and final half term of the academic year. It's a time filled with anticipation and excitement as we look forward to the many activities and learning experiences ahead.

A Heartfelt Thank You to Our PCG Members

I would like to extend a special thank you to all the parents and carers who have recently joined the Havelock Parent Community Group (PCG). Your commitment to supporting our school is invaluable, and we are incredibly grateful for your willingness to help organise events and fundraising initiatives. The upcoming **Summer Fair**, which marks our first since the pandemic, is shaping up to be a fantastic event, and it's all thanks to your enthusiasm and hard work. We can't wait to see the joy it brings to our children and the wider community.



Celebrating World Environment Day

Our school has always been a champion of the environment, and this year's World Environment Day was no exception. The children have outdone themselves with creative and insightful pieces of work that highlight the importance of environmental conservation. Their projects not only show their understanding of the issues at hand but also their passion for making the world a better place. Well done to all our young environmentalists!

We are a growth mindset school. Our job is to challenge our pupils and let them thrive.

Applause for Our Young Athletes

We want to congratulate the children who participated in Friday's athletics tournament. You all did an outstanding job and represented Havelock Primary with pride and sportsmanship. Your efforts and achievements are a testament to the dedication and spirit that we hold dear at our school. Congratulations on your accomplishments!



Get Ready for Active Week!

Starting **Monday 10th June**, we will be kicking off our Active Week, which will continue for two exciting weeks. This initiative is all about promoting health and fitness among our students. Children will have the opportunity to participate in a variety of sports and activities designed to get them moving and having fun. Children are also asked to travel to school in different ways such as cycling, scooting and walking. Let's encourage our kids to be active and healthy!

Good Luck to Year 1 and Year 4

We would also like to wish our Year 1 and Year 4 students the very best of luck in the upcoming phonics screening check and times table check. These assessments are an important milestone, and we know you've all worked incredibly hard. Remember, we are all rooting for you, and no matter the outcome, you are all stars in our eyes!

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Here's to a productive and joyful half term ahead!

Important Dates

- **Monday 10th June to Friday 14th June** - Year 1 will be taking their phonics screening check. Year 4 will also be taking their times table check.
- **Monday 10th June to Friday 21st June** - Active Travel Week. Children are encouraged to come to school in a variety of ways such as walking, scooting or cycling.
- **Wednesday 26th June at 2.45pm** - Year 2's Wind Dragon Concert for parents.
- **Wednesday 26th June** - Year 1's trip to London Zoo.
- **Friday 12th July** - Havelock's Summer Fair! School will finish at 1pm and the fair will open at 2pm.
- **Friday 19th July** - Last Day of the academic year! School will close at 1.30pm.

Kind Regards,

Ms Naz Abaeian
Mr Jon Bailey
Co-Headteachers



**Some Nursery spaces
are still available**

Contact our school office to discuss joining!

@HavelockPrimary

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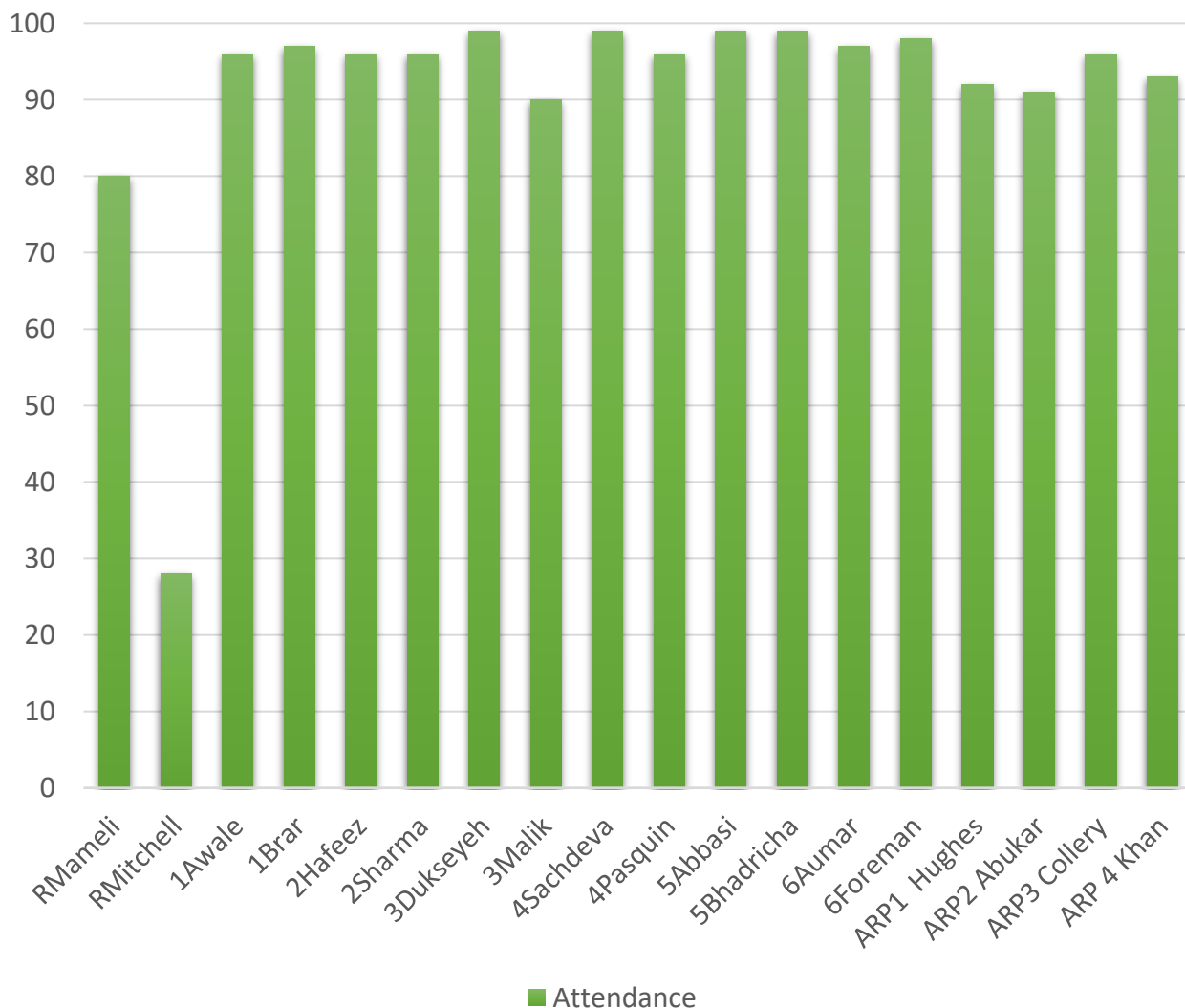
Attendance at Havelock

Remember, good attendance is over 96%! Below are the figures for this term for all classes.

Congratulations to:

Congratulations to 3Dukseyeh, 4Sachdeva, 5Abbasi and 5Bhadricha for their attendance of

99% for this week!



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Havelock is a Rights Respecting School



Article of the week:

Article 29 & 30 are all about the aims of children's education and children's rights to share their language, culture and religion.

Article 29: Parents should encourage their children's education to help them fully develop their personalities, talents and abilities. Their education should teach them to understand their own rights and to respect other people's rights, cultures and differences.

Article 30: Children have the right to use their own language, culture and religion - even if these are not shared by most people in the country where they live.

Reflection:

Think about the rights that are available to children...

- How can you encourage your child to nurture their talents?
- How can you ensure they take the learning from school and continue this at home?
- What ways can you encourage your child to people's rights, cultures and differences?

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Parent Survey

Dear Parents and Carers,

Please take a few minutes to complete a survey on online safety as part of Miss Bhadricha's research project.

Your feedback would be really appreciated. The survey can be accessed via the link below or by scanning the QR code attached.

<https://forms.office.com/e/wZBf0PFX8m>

Thank you in advance.





Phonics Screening Check for Year 1 & 2 parents

We are excited to announce that our school will be conducting the Phonics Screening Check for all Year 1 (and some Year 2) pupils this coming June. This short assessment is a valuable tool designed to confirm whether individual children have learned phonics decoding skills to an appropriate standard.

The check comprises a list of 40 words and non-words that your child will read one-on-one with a teacher. It helps us ensure that your child is making progress in phonics and to identify students who need extra support in this vital area of reading development.

We understand the importance of reading in your child's education and are committed to providing the necessary support to ensure they excel. Please take a look below for more information and resources.

[Click here for the parent guide of what the Phonics Screening Check is.](#)



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Havelock Primary's 5Rs



5R of the week: Be Resourceful

Year 2 have demonstrated being reflective in their lessons, especially Maths. This week, they have been learning how to measure in milliliters and litres. By being resourceful in lessons, they were able to use a range of beakers and measuring jugs to estimate and solve word problems.



Travelling Book Fair is coming to Havelock!

The Book Fair will run from Tuesday 18th June until Monday 24th June. All books will be buy 2 get 1 free!
There will also be stationery on sale.

Cash and card payments will be accepted.

No contactless card payments, you need to have your card on you to pay.



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Lost school book

If a child loses a reading book, there is a £5 charge and if they lose their reading record, there is a £2 charge.
Please ensure you look after all your books.



Reading Record

Including a Guide for the Reading Helper

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World Environment Day

This Wednesday 5th of June was World Environment Day. World Environment Day is the United Nations day for encouraging worldwide awareness and action to protect our environment.

Children wrote letters to the MP asking them to action and protect our environment. We are looking forward to receiving replies!

Dear Southall MP,

I hope this letter finds you in good health. My name is Shaniiall – a year 6 pupil - and I am writing on behalf of my primary school, Havelock Primary School, Nursery and ARP. I would like to bring to your attention and emphasise the subject energy consumption explicitly 'heating' and the concerns it holds such as the costs and the detrimental impact it has on the planet.

Various houses around Southall include old boilers which generates fossil fuels from being burnt. During this process, carbon dioxide is released into the atmosphere and gets trapped; unable to leave earth and forcing weather patterns to evolve gradually. This eventually concludes to frequent, unprecedented wildfires, droughts and heatwaves. This is associated with numerous UNICEF articles, for example, Article 27, 6 and 24. Energy consumption continues to have a deleterious effect on our planet and producing threats to individuals' lives and endangered species. Undeniably, we are the next generation and responsible for the harrowing causes that occur on earth.

In order to benefit this ongoing issue, we can aim to utilise solar panels on more public buildings since they are environmentally friendly as they employ renewable energy. Furthermore, we, as a community, shall aspire to establish more alternative energy saving boilers that produce less carbon dioxide. In addition, other ways to aid this issue is to reduce the amount of time you keep the heating or



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Phonics

Please continue watching the phonics videos on class dojo that are sent by your child's phonics teacher. Try practising the below with your children.

Try saying the sound 'oo':

<https://schools.ruthmiskin.com/training/view/aFLCdyCc/KzElyjNU>

Now try Fred talk, read the word and spell the word:

<https://schools.ruthmiskin.com/training/view/NjsGLwdC/g9yliJmv>

Can you hold a sentence and write all the words:

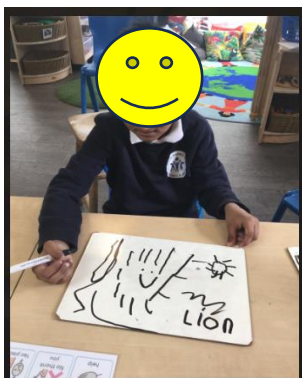
<https://schools.ruthmiskin.com/training/view/LIMCLkgc/YiJ03zQQ>

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ARP

ARP 1

ARP 1 have continued learning about the story 'Handas Surprise'. They used vegetables (lime) in their food play sessions to create artwork.



ARP 2

ARP 2 children were acting in role as lions and discussed how they move and what the character said/did.



ARP 3

In English, we were sequencing the story for the Tiger who came to tea. In Maths, we were using unifix cubes to look at vocabulary for positions.



ARP 4

In English, ARP 4 have been learning about the story Pete the cat and the pizza party. They retold the story using props. In maths, children have been learning about different angles.

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EYFS

Reception children have been celebrating World Environment Day and are learning about how to care about the environment.

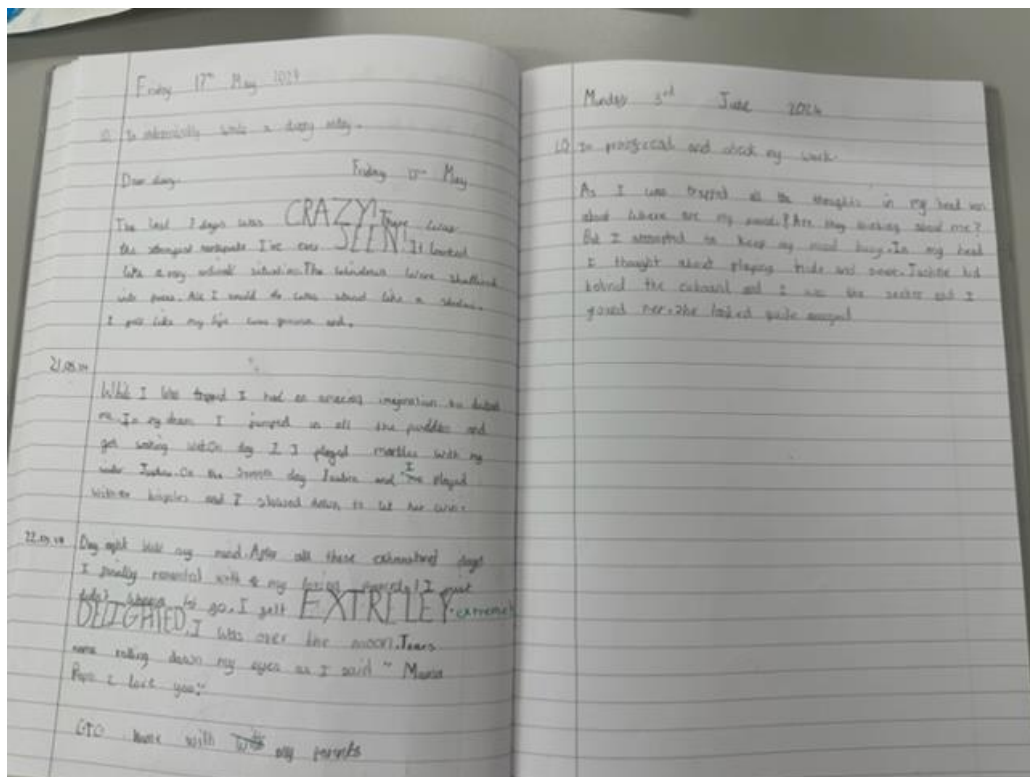


For World Environment Day, the children are looking at the importance of recycling different materials. This week, they used old newspapers and magazines to make some lovely, handcrafted paper-mâché bowls for Father's Day.

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English at Havelock Year 3

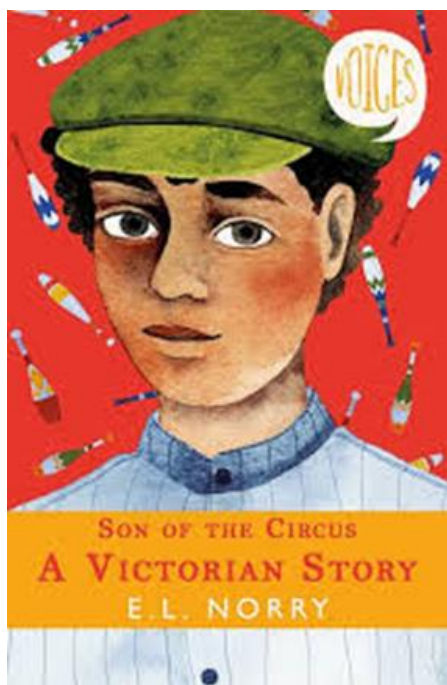
This week, year 3 have been editing their independent piece of writing that they wrote before the half term. The pupils wrote a diary entry from the point of view a character during a tragic earthquake in Haiti. The pupils worked extremely hard to include all the features and organisational techniques to make their work stand out. During the editing lesson, they discussed some areas for improvement that were identified and worked towards addressing these.



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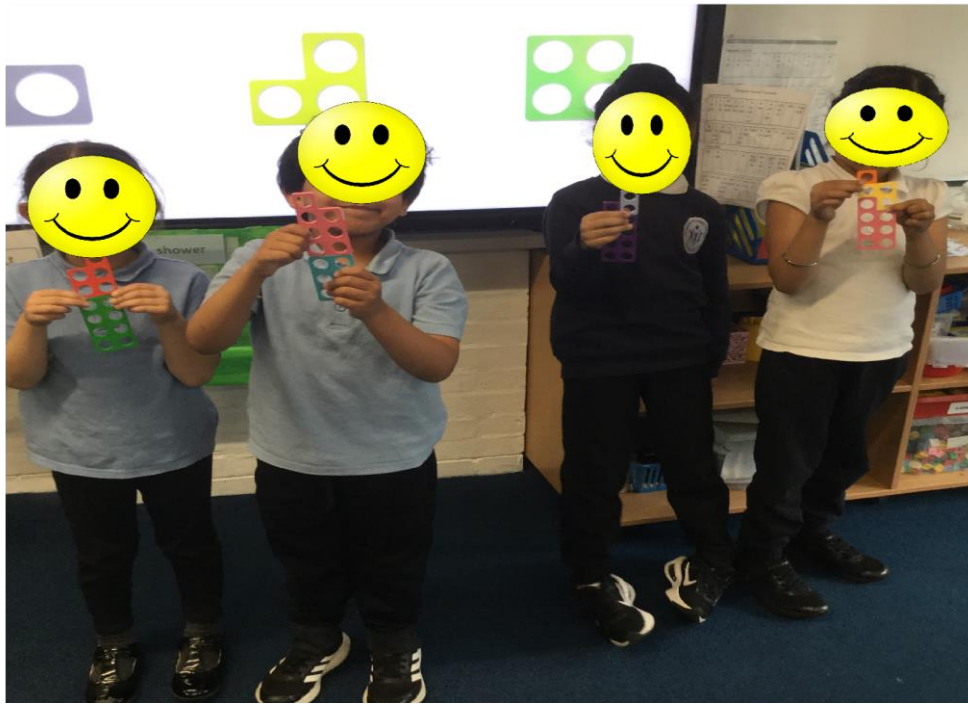
English at Havelock Year 5

In English, we have been reading 'Son of a Circus', a book which explores the life of a black Victorian circus owner and his son. Year 5 will be writing an informal letter about life as a performer and racial discrimination during the Victorian Era.



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Maths at Havelock Year 1



In Year 1, during their Maths Rethought session, pupils have demonstrated excellent learning about the structure of odd and even numbers. Using numicons and vocabulary such as pairs, incomplete pairs and ones digit, they have shown a strong understanding of these concepts. Well done, Year 1!

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Maths at Havelock Year 6

07.06.24

6.0: To find the missing addend.

1)
$$\begin{array}{r} 93 \\ 76 \\ + 63 \\ \hline 232 \end{array}$$

An whole number has 2 odd parts and 1 even part.

3 ones and 3 ones is more than 2 ones, therefore, we need to regroup.
 3 ones + 3 ones is 6 ones. We need 6 more ones to get the sum of 12 ones. 12 ones is 1 ten and 2 ones when regrouped. 7 tens, 6 or tens and 2 ones when regrouped, 7 tens give the sum of 23 tens. When regrouped, 23 tens is 2 hundreds, 3 tens and 2 ones.

2) $91 + 91 + 19 = 201$

Odd + Odd + Odd = Odd.

05.06.24

1.0: To research pay from my dream job.

5-a-day

1) 67.4
 2) 17:05
 3) 3 and 7
 4) 14481
 5) $\frac{17}{20}$

Job - Game Developer
 Hourly rate - £32.05
 Hours worked per week - 30 hours
 Weekly wage - £961.53
 Amount of tax taxable pay - £3743.0
 Tax paid - £748.6
 Annual take-home pay - £4251.4
 Monthly take-home pay - £3542.83

① $50000 \div 52$
 ② $961.53 \div 30$
 ③ $50000 - 12570$
 ④ 20% of 37430
 ⑤ $50000 - 7486$

Year 6 pupils have been learning about financial literacy by exploring ambitious jobs, annual salaries, and take-home pay after tax. This practical application has helped consolidate their understanding of the four basic operations and percentages, linking these concepts to real-life contexts. Additionally, during their Maths rethought session this Friday, pupils have solved problems involving missing addends.

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Start your child's day off right!

breakfast for a good start

healthy
tips

Did you know?

Children who eat breakfast score higher on tests.

- Breakfast is the most important meal of the day.
- Breakfast eaters get more calcium, fiber, iron and B vitamins – and they eat less fat and cholesterol during the day – than those who skip breakfast.
- Nutrients missed at breakfast are rarely made up for during the day.
- People who eat cereal for breakfast often have healthier body weights. That's true for women and kids too.
- Cereal is one of the healthiest breakfast choices you can make. Cold cereal has fewer calories than almost any other common breakfast option.
- Studies show that school age children who eat breakfast:
 - Do better in school
 - Have fewer discipline problems
 - Stay alert in class
- Eating breakfast as a family is a great way to connect.



For Breakfast Parfaits

- 2 bananas or other sliced fresh fruit
- 1 cup of Yoplait® yogurt (any flavor)
- 1 cup Cheerios™ cereal



Healthy Breakfast Options

Cereals (made with whole grain)	Fruits (fresh, frozen, canned)
Low Fat Proteins (eggs, peanut butter, lean meats)	Calcium Rich Low Fat Dairy (milk, yogurt, cheese)
Whole Grains (breads, cereals, tortillas)	Vegetables (fresh, frozen, canned)



Receiving only a biscuit, sweet or drink for breakfast. Children need a nutritional breakfast to give them energy to take on the school day. ating

If you are struggling with breakfast time, talk to the office about getting your child into breakfast club from 8am!

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MIDDLESEX IN THE COMMUNITY PRESENTS

COMMUNITY CRICKET DHAMAKA
in partnership with
MAEL GAEL Community Group & Southall Community Alliance

SATURDAY 15 JUNE 2024
12 TO 5PM
NORWOOD HALL FIELDS, UB2 4LA

ENTERTAINMENT FOR THE FAMILY WILL INCLUDE:

- KIDS CRICKET ACTIVATION ZONE**
- WALKING CRICKET**
- ZUMBA WITH ZARIFA**
- FREE FACE PAINTING**
- HENNA**
- COMMUNITY QUIZ - PRIZES COURTESY OF SCA**
- DHOL BEATS & BHANGRA WITH "JAGGI DHOLI"**
- FREE ARTS AND CRAFTS WORKSHOP**
- PANJAB RADIO BROADCASTING LIVE**
- RAFFLE PRIZES TO BE WON INCLUDING MIDDLESEX CRICKET T20 TICKETS AT LORD'S CRICKET GROUND**
- FREE REFRESHMENTS**

For enquiries, to pitch a stall, or to volunteer at the event, please contact Kamaljeet (07572 031661 or sunkamrai@hotmail.com)

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Housing Advice Drop-in at Stay & Play

Do you have any questions about housing? About where you live or the local regeneration?

Leon Joseph, a Regeneration Officer from Ealing Council & Chris McConnachie, an Independent Housing Advisor will be at **South Acton Children's Centre** on the following **Wednesdays** during Stay and Play from **9.30am to 11am**.



For more information, please contact Sally at sallycarlton@southactoncc.com

4th October 2023
8th November 2023
6th December 2023
3rd January 2024
7th February 2024
6th March 2024
10th April 2024
1st May 2024
5th June 2024
3rd July 2024
7th August 2024



Leon Joseph



Chris McConnachie



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A Parent and Carer guide to support in getting your child ready for school.

How to help your child get ready for school

09 May 2024

We are excited to share these short videos with early years and primary schools to use with families of pupils starting school in September.

The film, entitled 'How to help your child get ready for school' shares some top tips for parents on supporting their child as they prepare for school.



Go to the following URL to access a video and PDF guide providing strategies and tips to get your child ready to start school. Though aimed especially at EYFS children, it is also beneficial for parents of children from all year groups.

<https://www.egfl.org.uk/news/2024/05/how-help-your-child-get-ready-school>

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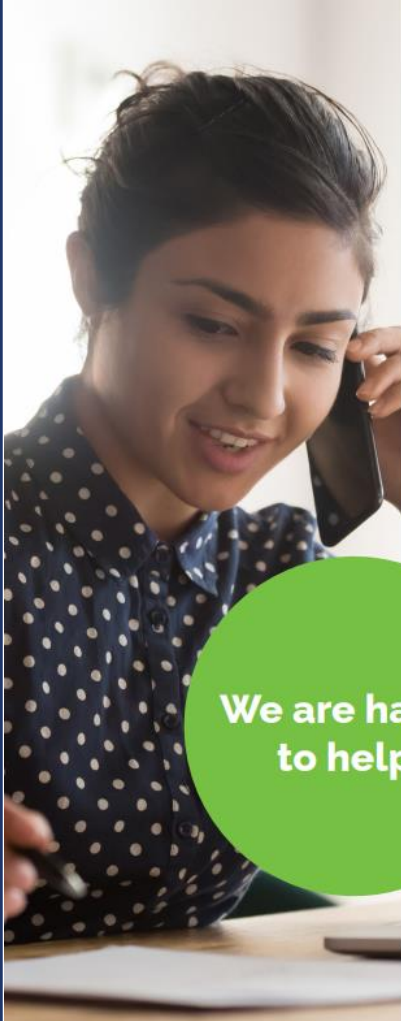


Some Nursery spaces are still available

Contact our school office to discuss joining!

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We are happy
to help!



Ealing Community
Partners

Ealing children's speech and language therapy advice line for parents and professionals

Are you looking for advice about how to support your child (0-18) with their communication at home?

Do you have a general question about speech and language?

Monday to Friday, 1 - 4pm
07512 716 478

(We can call you with an interpreter if needed)

Email: ealing.sltadvice@nhs.net
Facebook: [facebook.com/SLTEaling](https://www.facebook.com/SLTEaling)

Ealing now offer free advice for parents/carers to call for advice on speech and language. Please see above for more details.

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SOUNDSTEPS 
Music School

Free Children's Piano/ Keyboard Taster Sessions Available Now

- Weekly 1 hour Lessons available Monday to Sunday for Children aged 5-13.
- Children Learn to Read, Write and Play Music in every lesson. We also provide the Keyboard at every lesson!
- Termly Exams and Certificates along with opportunities to sit internationally Recognised Exams and Perform at live events!



Contact us Now by Email, Phone,
Whats App or via our Website/QR code
to Book your FREE TASTER SESSION.



e: office@soundstepsmusic.co.uk t: 07926 371583
www.soundstepsmusic.co.uk



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NHS

West London
NHS Trust

Ealing Mental Health Support Team

WORKSHOPS FOR PARENTS/CARERS

SUMMER TERM 2024



Over the summer term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.



If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.



<https://forms.gle/jmUT9kJNRPNdBUAh6>

If you have any questions, please do email us on:
Ealing.mhst@nhs.net

PRE AND POST-ATTENDANCE GUIDE

Step 1

Use our QR code to sign up for a workshop(s) of your choice

Step 2

You will be emailed a Microsoft Teams link several days before the workshop

Step 3

You'll receive another email reminder on the morning of the workshop

Step 4

All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

Step 5

To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session



Promoting hope & wellbeing together



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TRANSITIONS

This workshop is aimed at parents/carers of **Year 6 primary school** students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.

Date: April 16th 2024
Time: 12:30pm - 2:00pm

AN INTRODUCTION TO AUTISM

This workshop is aimed at parents/carers of children attending **Primary and Secondary**, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.

Date: April 19th 2024
Time: 11:30am - 1:00pm

ADOLESCENT EXAM STRESS

This workshop supports parents/carers of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

Date: April 23rd 2024
Time: 1:00pm - 2:30pm

TRANSITIONS

This workshop is aimed at parents/carers of **Year 6 primary school** students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.

Date: May 9th 2024
Time: 11:00am - 12:30pm

ADOLESCENT EXAM STRESS

This workshop supports parents/carers of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

Date: May 21st 2024
Time: 11:00am - 12:00pm

UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS

This workshop is aimed at parents/carers of children attending **Primary and Secondary**. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

Date: May 24th 2024
Time: 11:00am - 12:30pm

SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE

This workshop is aimed at parents/carers of children attending **Primary and Secondary** who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.

Date: June 4th 2024
Time: 11am - 12:15pm

AN INTRODUCTION TO AUTISM IN ADOLESCENTS

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.

Date: June 14th 2024
Time: 11am - 12:30pm

UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.

Date: June 18th 2024
Time: 12:00pm - 1:30pm

SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN

This workshop supports parents/carers of **primary**-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.

Date: July 11th 2024
Time: 1:00pm - 2:15pm

TEEN LOW MOOD

This workshop is aimed at parents/carers of **secondary**-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.

Date: July 18th 2024
Time: 11am - 12:00pm

SUPPORTING FRIENDSHIPS IN CHILDREN

This workshop is aimed at parents/carers of **primary**-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

Date: July 31st 2024
Time: 11am - 12:00pm



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