

# Havelock Primary School, Nursery & ARP Newsletter



Monday 16<sup>th</sup> September 2024

Dear Parents/Carers,



I am delighted to welcome you all to the start of a new academic year at Havelock Primary School. I hope you had a restful and enjoyable summer break. As we embark on this exciting journey together, I look forward to the wonderful opportunities and experiences that lie ahead for our students.

This year, we will be making a small change to our newsletter schedule. Instead of weekly updates, we will now be sending out our newsletter every fortnight. Rest assured, it will still contain all the valuable content and celebrations of learning that you have come to expect.

## **An Exciting Year Ahead**

We have an exciting year planned, filled with enriching activities, engaging lessons, and numerous opportunities for our students to grow and thrive. Our dedicated staff have been working hard to prepare a curriculum that not only meets educational standards but also inspires creativity, curiosity, and a love for learning.

## **The Importance of Daily Reading**

I would like to remind all parents and carers of the importance of reading with your children every day. Reading is a fundamental skill that supports all areas of learning and development. By dedicating time each day to read together, you are helping to build your child's literacy skills, imagination, and a lifelong love of books.

**We are a growth mindset school. Our job is to challenge our pupils and let them thrive.**

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## Havelock Primary's 5Rs

At Havelock Primary, we are proud of our core values, known as the 5Rs. These values are integral to our school community and guide our students in their daily lives:

**1. Reflectiveness** - Our students are encouraged to reflect on their learning and progress, providing thoughtful feedback and using this to plan their next steps.

**2. Relationships** - Building, maintaining, and cultivating positive relationships with peers is a key focus, ensuring a supportive and collaborative school environment.

**3. Resilience** - We teach our students that making mistakes is a natural part of learning. They develop strategies to overcome challenges and persist through difficulties.

**4. Resourcefulness** - Our students learn to independently utilize various resources available in the classroom to support their learning.

**5. Responsibility** - Understanding that actions have consequences, our students take responsibility for their rights and the rights of others.

It is important that these values are demonstrated both in and out of school. We celebrate and recognize these values every day, fostering a community where everyone feels valued and respected.

As we begin this new academic year, I am filled with optimism and excitement for what we will achieve together. Thank you for your continued support and partnership in your child's education. Let's make this year a memorable and successful one!

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## Havelock's School Uniform

Now that we have had our new uniform in place for most of the year, we would like to remind you about the expectations starting this September. Please take a look at the information and pictures below:

- Navy Jumper
- White polo shirt or shirt
- Navy/black pinafore/summer dress
- Black/Navy Skirt
- Black/Navy shorts or trousers

If you have any questions, please contact the school office.



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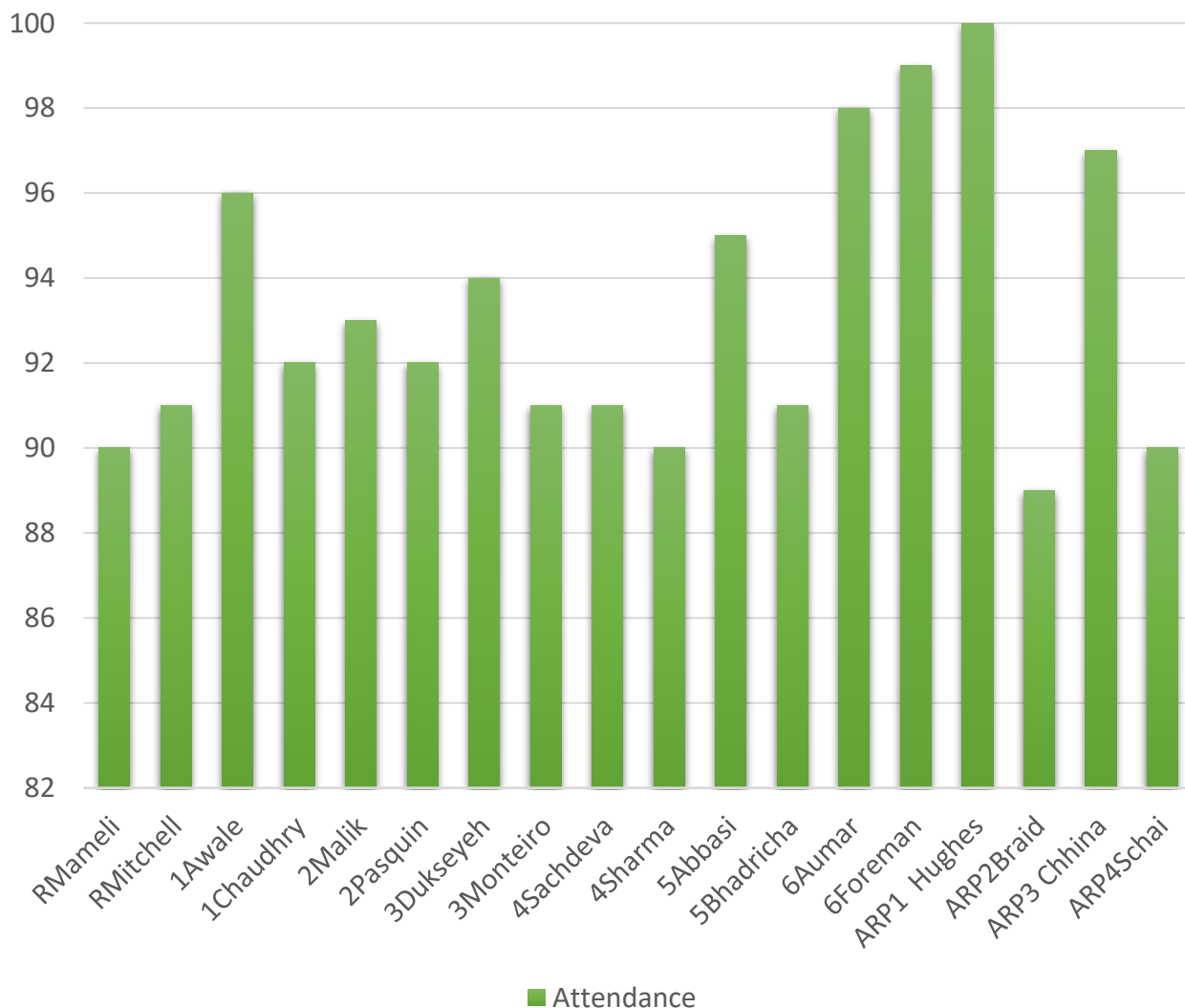


## 2024 - 2025 Attendance at Havelock

Remember, good attendance is over 96%!  
Below are the figures for the last 2 weeks for all classes.

Congratulations to:

ARP1 Hughes for their **100% attendance**



■ Attendance

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## Havelock is a Rights Respecting School



### Article of the week:

Article 3 is all about ensure our children are at the forefront of everything we do. This new academic year as always brings change for our children and to make the transition as smooth as possible, staff at Havelock continue to make adjustments to support our children.

Article 3: When adults make decisions, they should think about how their decisions will affect children. All adults should do what is best for children.

### Reflection:

Think about what you could do that would make life better for your child...

- How can you support them when they are adapting to new changes?
- How can conversations with your child help them ?
- What ways can you encourage your child to be resilient?

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## Phonics

Please continue watching the phonics videos on class dojo that are sent by your child's phonics teacher. Try practising the below with your children.

Try saying the sound 'sh':

<https://schools.ruthmiskin.com/training/view/E7TMNTup/dwlgs2y3>

Now try Fred talk, read the word and spell the word :

<https://schools.ruthmiskin.com/training/view/WF6rBwgc/1HMBPot7> (1.6 1)

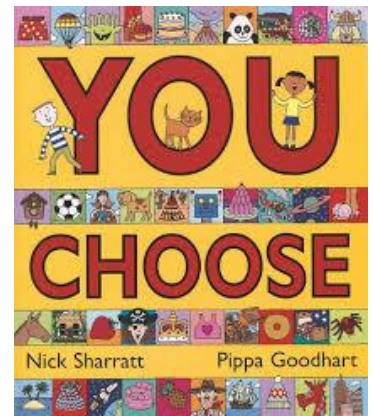
Can you hold a sentence and write all the words:

<https://schools.ruthmiskin.com/training/view/EN9B0Mi9/toYgni16>

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## EYFS

Reception children have made a great start settling into the school routine. The children have been focusing on the story 'You Choose' and are talking about themselves and their preferences in different areas.



The children have been practising to become independent and resourceful.

What would you choose to do? What would you choose to wear? Where would you choose to live?



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## ARP

### ARP 1

ARP 1 have been using their soft start sessions to focus on building up fine motor skills. Pupils learnt to cut along straight and zig-zagged lines.

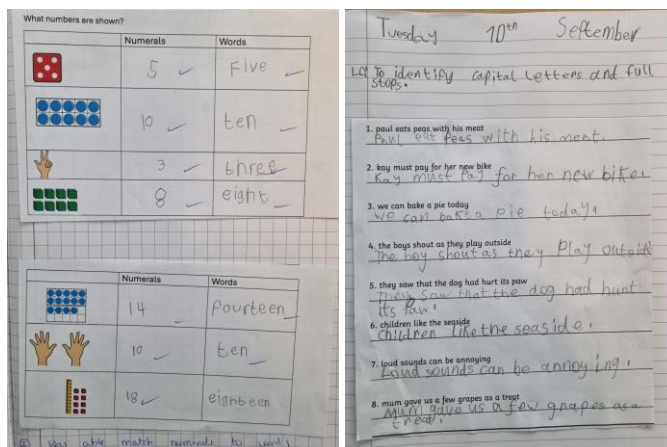


### ARP 2

ARP 2 have been reading Rosie's Walk and sequencing the events of the story. They also used the Autumnal leaves to create nature creatures.

### ARP 3

This week in maths, ARP 3 were learning to identify and represent numbers in different formats. They have also practised using capital letters and full stops.



What numbers are shown?	Numerals	Words
	5 ✓	Five ✓
	10 ✓	ten ✓
	3 ✓	three ✓
	8 ✓	eight ✓

	Numerals	Words
	14 ✓	fourteen ✓
	10 ✓	ten ✓
	18 ✓	eighteen ✓

Tuesday 10<sup>th</sup> September

LO to identify capital letters and full stops.

1. Paul eats peas with his meat.  
*Paul eats peas with his meat.*
2. Ray must pay for her new bike.  
*Ray must pay for her new bike.*
3. We can bake a pie today.  
*We can bake a pie today!*
4. The boys shout as they play outside.  
*The boys shout as they play outside.*
5. They saw that the dog had hurt its paw.  
*They saw that the dog had hurt its paw!*
6. Children like the seaside.  
*Children like the seaside.*
7. Loud sounds can be annoying.  
*Loud sounds can be annoying!*
8. Mum gave us a few grapes as a treat.  
*Mum gave us a few grapes as a treat.*



### ARP 4

In English ARP4 have been reading Giraffes Can't Swim and have explored sentence structure by unjumbling sentences.

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## English at Havelock Year 1

This week, Year 1 had an exciting and creative lesson all about **pronouns** and the **three tenses**—past, present, and future.

The students learned to identify **personal pronouns** (I, you, he, she, they) and practiced using them in their everyday speech.

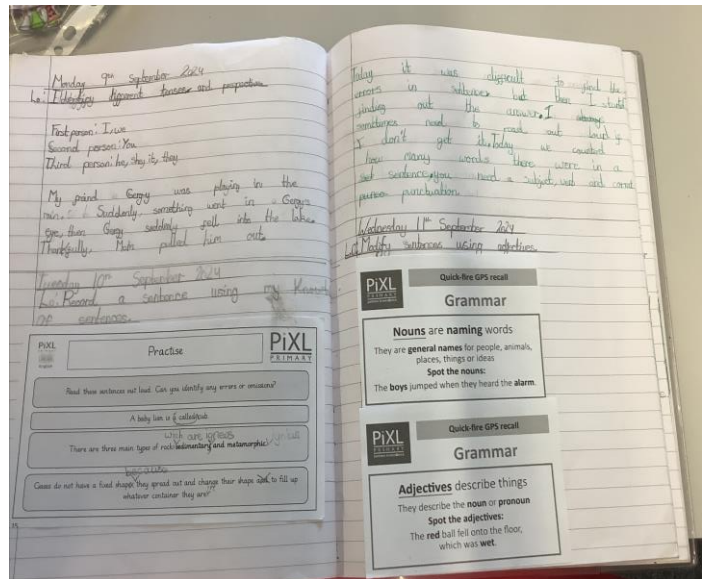
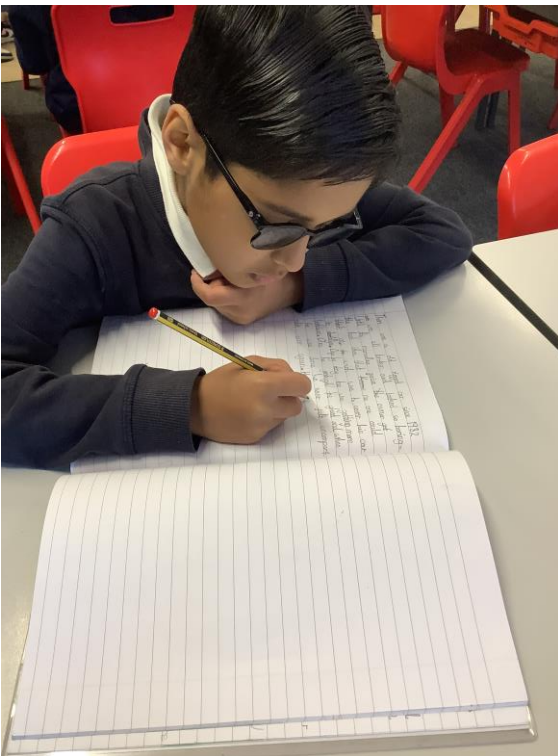
We made sure to bring the lesson to life with hands-on activities that encouraged their imagination and helped build sentence structures.



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## English at Havelock Year 5

This week, year 5 have been looking at sentence composition and exploring the various parts of a sentence and identifying what makes a sentence. They have already focused on the importance of subjects and verbs as well as tenses and writing from different perspectives.



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## Maths at Havelock Year 2

This week, Year 2 pupils are focusing on understanding that one "ten" is equivalent to ten "ones." They are using numerals and manipulatives to represent multiples of ten, helping them build a solid foundation in place value. Alongside this, they are being introduced to challenging new vocabulary like "expression" and "equation," which they use to represent multiples of 10.

1) Match the representations to the multiple of 10

10	30	50	70
1 groups of 10	3 groups of 10	5 groups of 10	7 groups of 10

3) Draw a picture and complete the stem sentences to match the place value charts.

There are 5 tens and 0 ones. This is 50

10s	1s
5	0

There are 7 tens and 0 ones. This is 70

10s	1s
7	0

$10 + 10 + 10$   
expression

$10 + 10 + 10 = 30$   
equation

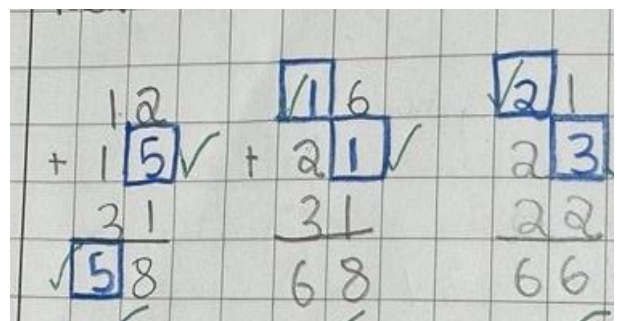
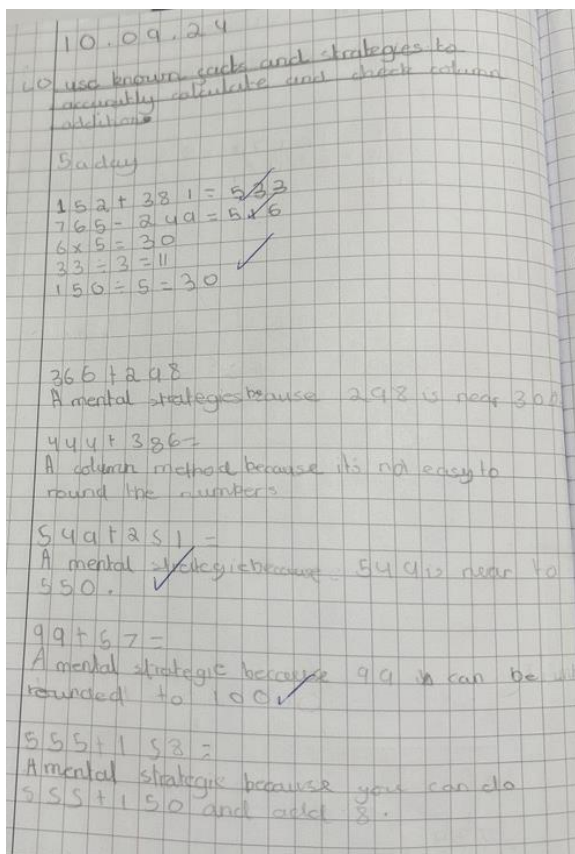
Independent 1: Complete the equations to represent multiples of 10

	$10 + 10 + 10 + 10 + 10 = 60$
	$10 + 10 + 10 + 10 + 10 + 10 + 10 = 70$
	$10 + 10 + 10 + 10 + 10 = 50$

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## Maths at Havelock Year 4

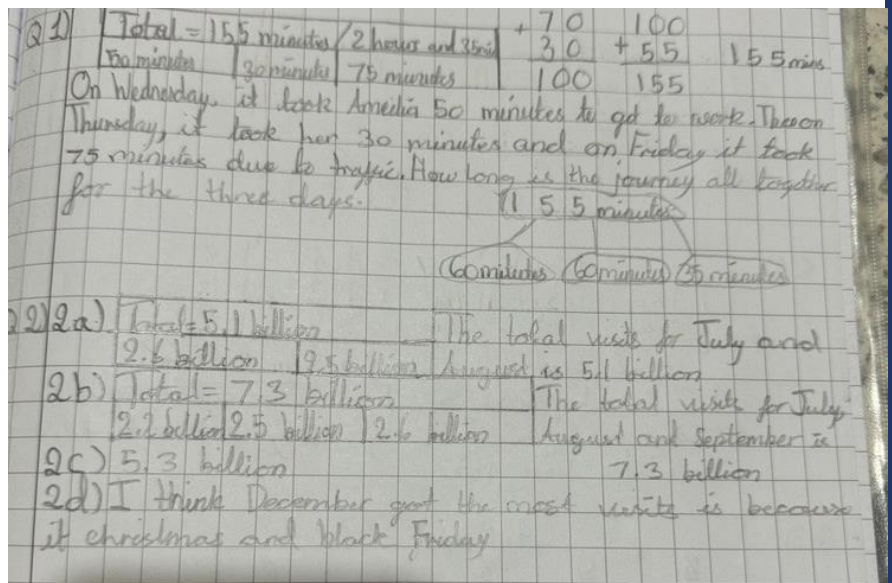
In Year 4, students have been honing their skills in column addition, focusing on using known facts and strategies to calculate accurately and check their work. They are encouraged to think critically about which methods are most efficient for different problems. Additionally, students have been exploring how to find missing digits and addends within an additive structure.



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## Maths at Havelock Year 6

In Year 6, students have been using Cuisenaire rods to explore how different combinations of parts can be equivalent to the same whole. They have identified mathematical structures, both additive and multiplicative. They have also created their own word problems based on these structures, further applying their knowledge. Additionally, they examined how to adjust the parts when the whole changes, enhancing their ability to think flexibly about numbers.



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## **EALING SPEECH & LANGUAGE THERAPY**

# AWARENESS

# MONTH!



**18TH SEPTEMBER  
TO 18TH OCTOBER**

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## SPEECH & LANGUAGE THERAPY FOR UNDER 5S

**AWARENESS  
MONTH**



We have a range of workshops and activities planned - take a look and come along to anything you are interested in.

Welcome to our first Speech and Language Therapy awareness month for under 5's in Ealing!

Anyone is welcome to attend any of the workshops, activities or children's centre sessions.

Ealing speech and language therapy team, parent representatives, children's centres, Early Start teams and local charity organisations have been working together to create a whole month of activities aimed at raising awareness of Speech and Language Therapy for families with children under 5.



**WHY DOES IT  
MATTER?**

Children under 5 years are within the 'critical period' for learning language



**18TH SEPTEMBER  
TO 18TH OCTOBER**

## WHAT'S ON: WORKSHOPS

WORKSHOP	DATE/TIME	LOCATION	HOW TO BOOK
<p>How can I help my child's speech and language development?</p>	<p>Thursday 21st September 19.00-20.30pm</p> <p>OR</p> <p>Wednesday 27th September 9.30-11.30am</p>	<p>Online via Zoom</p> <p>The Rickyard, Pitzhangor Manor, Ealing Broadway **</p>	<p>Email: wlm- tr.situniversalservices @nhs.net</p>
<p>How can I support my child's social communication?</p> <p><b>contact</b> <small>For families with disabled children</small></p>	<p>Friday 6th October 10.30 - 12.30pm</p>	<p>Online via zoom</p>	<p>Fill out booking form - scan QR code</p> 
<p>How can I toilet train my child if they are not talking?</p> <p><b>EALING ANCHOR FOUNDATION</b> <small>Supporting Parents &amp; Carers in Ealing</small></p>	<p>Monday 9th October 10-12pm</p>	<p>Windmill Children's Centre, UB6 9DZ</p>	<p>Fill out booking form - scan the QR code</p> 
<p>Will speaking more than one language confuse my child?</p>	<p>Tuesday 10th October 10am - 12pm</p>	<p>The Hub, Pitzhangor Manor, Ealing Broadway **</p>	<p>Email: wlm- tr.situniversalservices @nhs.net</p>
<p>How to support children with Selective Mutism, shy, quiet or anxious talkers</p> <p><b>contact</b> <small>For families with disabled children</small></p>	<p>Thursday 12th October 10.30am-12.00pm</p>	<p>Greenfields Children's Centre, UB2 5PF</p>	<p>Fill out booking form - scan QR code</p> 
<p>An introduction to the Speech and Language therapy service: What is it and how can we help you?</p> <p><b>EALING PARENTING SERVICE</b></p>	<p>Tuesday 17th October 10am-12pm</p>	<p>Online via MS Teams</p>	<p>Email: parentingserviceadmin @ealing.gov.uk</p>

"WITH THANKS TO PITZHANGOR MANOR, FAMILIES CAN RECEIVE A FREE GIFT AT THESE TRAININGS!"

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## WHAT'S ON: CHILDREN'S CENTRES

If you are visiting any of the children's centres in Ealing during the month, every children's centre is going to be supporting the speech and language therapy awareness month by running exciting themed activities during their stay and play sessions!

Watch out for the following themed weeks:

<i>Week One</i>	<i>Week Two</i>	<i>Week Three</i>	<i>Week Four</i>
Books	Messy Play	Commenting on Play/Interaction	Talking more than one language

For details of Children's Centres in Ealing please go to [www.ealingfamiliesdirectory.org](http://www.ealingfamiliesdirectory.org) (if you are viewing this online) please click [here](#)

## WHAT'S ON: OUT AND ABOUT

<i>ACTIVITY</i>	<i>DATE/TIME</i>	<i>LOCATION</i>	<i>MORE DETAILS</i>
<b>Early Start Playful Parenting Taster sessions</b>	Thursday 21st September 9.30 - 11.30am	Southall Park Children's Centre UB1 3AY	Gives parents the opportunity to see the set-up of activities and a chance to have a go!  Learn about how play will benefit your child's development.
	Thursday 28th September 9.30 - 11.30am	Limetrees Children's Centre UB5 5LA	There will be free resources and leaflets to take home on play ideas.  Learn about future sessions!
	Tuesday 17th October 9.30 - 11.30am	South Acton Children's Centre W3 8RX	Email: <a href="mailto:earlystartparenting@ealing.gov.uk">earlystartparenting@ealing.gov.uk</a> or call Kay Williams on 07568 130174 to book your place!
<b>West London Islamic Centre, Speech &amp; Language Therapy Advice Session</b>	Tuesday 10th October 11am - 1pm	West London Islamic Centre, Brownlow Road, West Ealing, W13 0SQ	Come and speak to a Speech and Language Therapist for advice and strategies!  Toys and refreshments will be provided and we'll have Arabic, Somali, Dari and Urdu interpreters available.  To book, contact Sister Aisha on 07988687111

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## WHAT'S ON: OUT AND ABOUT

ACTIVITY	DATE/TIME	LOCATION	MORE DETAILS
<b>Ealing Toy Library</b>	Thursdays  Fridays	Acton Baptist church 14 Church Road W3  32 Arlington Road , Ealing W13 8PE	Borrow a range of toys for your children!  Please see: <a href="http://www.ealingtoylibrary.com">www.ealingtoylibrary.com</a>
<b>Gruffalo Trail</b> Did you know that Horsenden Hill has a Gruffalo trail?	The trail is open all year round, but can be muddy in winter/wet months, so wear wellies or boots, and be careful with prams and buggies	Horsenden Farm, Horsenden Lane North, UB6 7PQ	Please see: <a href="http://www.horsenden.co.uk/hill/gruffalo-trail/">www.horsenden.co.uk/hill/gruffalo-trail/</a>



## SPECIAL EVENT!



<b>Special Event - all invited!!</b>	Wednesday 27th September 12.30pm	Ealing Broadway Shopping Centre	Come along to Time Square (outside Primark / Waterstones) to watch and / or join in!
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## WHAT'S ON: OUT AND ABOUT

ACTIVITY	DATE/TIME	LOCATION	HOW TO BOOK
<b>Haven Woods Woodland Camp Family Fun Day</b>	<b>Saturday 30th September</b> 11am-3pm <small>Please feel free to join us and leave the session at the times that suit the needs of your own family</small>	<b>Hobbayne Woods, Hanwell (near Conolly Road W7 3JW)</b>	<b>Free of charge for Ealing residents. Booking is essential.</b> Email <a href="mailto:sam.haven.woods@gmail.com">sam.haven.woods@gmail.com</a>

Haven Woods Woodland Camp offers children and families the freedom, space and time to be amongst nature and enjoy the natural world around us. We offer a safe space to play, explore and be curious, following the needs of each individual child. Our sessions are designed to be relaxed amongst the trees, whether that's in a hammock, on a tree swing or relaxing around the campfire.

For those that would like more we offer fire lighting practice, natural craft making and a mud kitchen.

Come and enjoy whittling a stick, to toast marshmallows, making S'mores and hot chocolate.

Haven Woods camps are run by a fully qualified Level 3 Forest School Practitioner, with 15 years of child education experience. Outdoor First Aid, DBS and Public Liability Insurance.

Our camps are fully risk assessed.

Ealing Speech and Language Therapy will also be there if you have any questions - come and find us!



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## WORKSHOP DETAILS:

### HOW CAN I HELP MY CHILD'S SPEECH AND LANGUAGE DEVELOPMENT?



Find out our top tips to support your child's speech and language development!

### TOP TIPS:

- Comment on what your child is doing, rather than asking questions e.g. "what's teddy doing?" becomes "teddy's sleeping"
- Add a word to what your child says or sounds they make
- Repeat, repeat, repeat new words

  
Ealing Community  
Partners

### Speech and Language Message of the Week

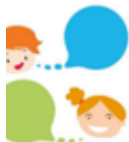
Did you know?

A child needs to hear a word at least 12 times to learn it!

Try to comment on your child is doing rather than questioning e.g. what's teddy doing? becomes *teddy's sleeping*

Add a word to what your child says to help them extend their language

Child: "cat!"  
Adult: "yes, spotty cat"  
or "wow, cat jumping"



## TOP TIPS FOR DEVELOPING YOUR CHILD'S LANGUAGE SKILLS



Repeat new words

"it's a plane, the plane is white, the plane is flying"

Encourage your child to ask for an activity...

- Give food bit by bit
- Stop during a favourite game or activity
- Put a favourite toy out of reach

Give a small amount and wait...

Did you know?

- A child should say their first word at around the age of 1
- Children start to put two words together between age 2 and 2yrs 6 months



If you have concerns about your child's talking, please talk to a **Speech and Language Therapist** - you can call our advice line on 07512 716 478 (it's open Monday to Friday from 1-4pm).

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## WORKSHOP DETAILS:

### SELECTIVE MUTISM, SHY, QUIET OR ANXIOUS TALKERS



Are you worried that your child is shy or anxious to talk in certain situations? Come along and find out more about selective mutism, shy, quiet or anxious talkers.

#### TOP TIPS:

- Accept all means of communication such as pointing, nodding, showing, using pictures etc.
- Never pressure your child to speak as they are anxious about talking- they aren't being stubborn or naughty!
- Be open about talking being difficult for children sometimes. Tell them "it's OK-you'll talk when you are ready."



#### Speech and Language Message of the Week

Make simple comments about what the child is doing  
Avoid asking the child direct questions as this may increase anxiety

E.g. "I wonder what Freddie wants to play with"

The child may find making eye contact difficult  
Do not pressure the child to look at you



Never pressure the child to speak as he/she is anxious about it and not being stubborn

## Tips to Help a Shy, Quiet or Anxious Talker

E.g. let the child answer the register nonverbally, by posting their name, raising an arm



Take a calm approach when interacting with the child  
Try to avoid drawing attention to the child's lack of talking



Promote all means of communication, such as nodding, pointing, showing, use of pictures etc.

If you have concerns regarding a child's talking anxiety, please talk to a **Speech and Language Therapist** - you can call our advice line on 07512 716 478 (it's open Monday to Friday from 1-4pm).

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## WORKSHOP DETAILS:

### HOW CAN I SUPPORT MY CHILD'S SOCIAL COMMUNICATION?



We will share and demonstrate practical ideas and strategies that you can use to support your child's social communication!

### TOP TIPS:

- Use a visual timetable or pictures to support routine and transition times
- Join in with your child's interests
- If your child is becoming dysregulated, allow them time in a 'calm zone'



Ealing Community Partners

### Speech and Language Message of the Week

First, think about why you are teaching the child to interact with others in a particular way- have they shown interest in other children or wanting to making friends?

Use a visual timetable to support routine and transition times.



Try not to use non-literal language/rhetorical questions; say what you mean. If you need to use non-literal language, try to give an example to aid understanding.

Create opportunities for children to take turns and ask each other for items during activities. Model how this is done at the start of the activity.

If a child is becoming dysregulated, allow them time in a "calm zone".



## Top Tips to support social interaction



When sharing a story, use visuals or drawing to explore what the characters may be thinking and feeling.

When you notice a child experiencing a strong feeling, label the emotion or point to a picture.

Show them what they could do to cope with the feeling.

Ask your Speech and Language Therapist for support with creating these.

If a child is having difficulty understanding a social situation try drawing a comic strip or social story together. This makes recognising the feelings, possible thoughts and intentions of others more concrete and therefore easier to understand.

Join in with the child's interests and encourage all children to share their interests with others and allow safe space for this.

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## **WORKSHOP DETAILS:**

*HOW CAN I TOILET TRAIN MY CHILD IF  
THEY ARE NOT TALKING?*



We will share and demonstrate practical ideas and strategies that you can use to support your child's toileting journey!

### *TOP TIPS:*

- Use visuals! Objects, pictures, symbols - anything to support your child's understanding.
- Make the toilet a comfortable and fun space
- Rewards, rewards, rewards! Praise and reward your child when they are doing well.
- Try not to start toilet training when a change is happening.

### *WE WILL ALSO BE COVERING:*

- The importance of considering sensory needs
- How to prepare your child for toilet training and what resources you might need
- Exploring why a toilet toy box is a great way to encourage your child on their toileting journey
- Considering the environment around us



To book a place on this workshop, please use the camera on your phone to scan this QR code.



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## WORKSHOP DETAILS:

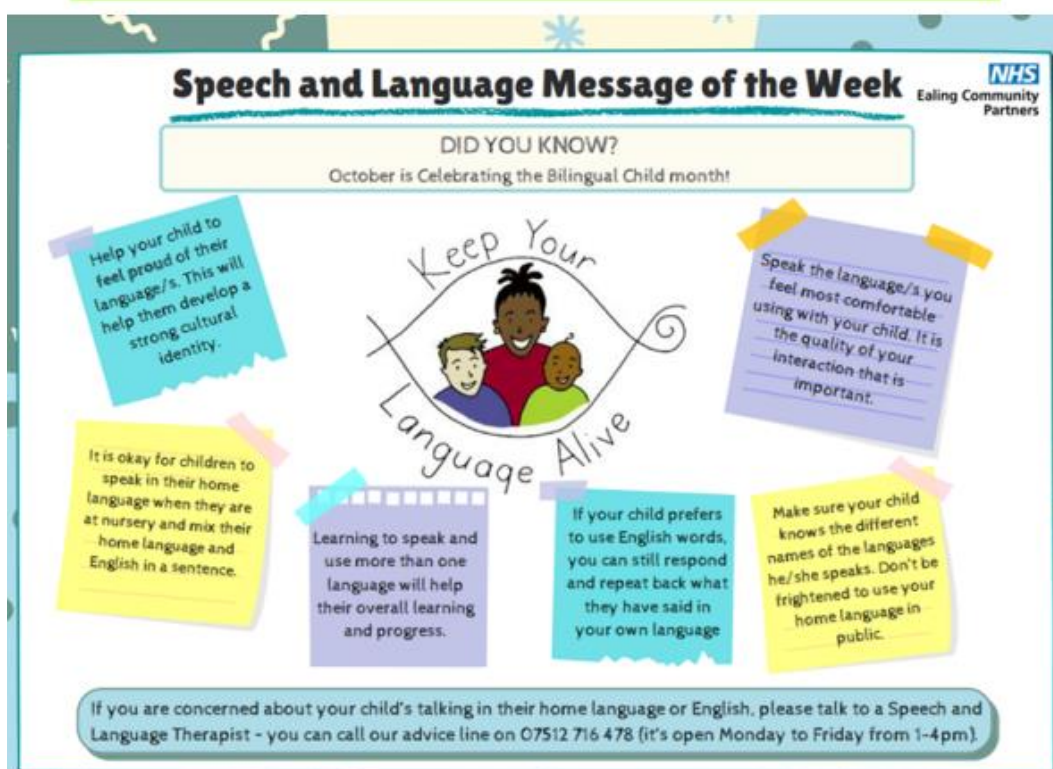
*WILL SPEAKING MORE THAN ONE  
LANGUAGE CONFUSE MY CHILD?*



Come along and find out more about how speaking more than one language supports your child's speech, language and communication development.

### TOP TIPS:

- Speak in the language you feel most comfortable and confident in
- Learning to speak more than one language will help your child's overall learning and progress
- Speaking more than one language does not cause or contribute to any speech, language or communication needs



**Speech and Language Message of the Week** NHS Ealing Community Partners

**DID YOU KNOW?**  
October is Celebrating the Bilingual Child month!

**Keep Your Language Alive**

Help your child to feel proud of their language/s. This will help them develop a strong cultural identity.

Speak the language/s you feel most comfortable using with your child. It is the quality of your interaction that is important.

It is okay for children to speak in their home language when they are at nursery and mix their home language and English in a sentence.

Learning to speak and use more than one language will help their overall learning and progress.

If your child prefers to use English words, you can still respond and repeat back what they have said in your own language

Make sure your child knows the different names of the languages he/she speaks. Don't be frightened to use your home language in public.

If you are concerned about your child's talking in their home language or English, please talk to a Speech and Language Therapist - you can call our advice line on 07512 716 478 (it's open Monday to Friday from 1-4pm).

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## **WORKSHOP DETAILS:**

*AN INTRODUCTION TO THE SPEECH AND LANGUAGE  
THERAPY SERVICE: WHAT IS IT AND HOW CAN WE HELP  
YOU?*

Come along and find out more about what speech and language therapy is, how we work with you and your child and how services work in Ealing.



### *WHAT WE SUPPORT:*

- *ATTENTION AND LISTENING*
- *TALKING*
- *UNDERSTANDING*
- *SOCIAL COMMUNICATION AND PLAY*
- *SPEECH SOUNDS*
- *SELECTIVE MUTISM / SPEAKING ANXIETY*
- *STAMMERING*
- *VOICE*
- *EATING, DRINKING AND SWALLOWING DIFFICULTIES*



### *LEARN ABOUT:*

- *WHO ARE SPEECH AND LANGUAGE THERAPISTS*
- *WHAT DO SLTS DO*
- *WORKING IN A MULTILINGUAL BOROUGH*
- *HOW SLTS WORK IN SCHOOLS AND THE COMMUNITY*
- *HOW TO GET ADVICE AND SUPPORT*



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WE HOPE YOU'LL JOIN US FOR  
**SPEECH & LANGUAGE THERAPY**

**AWARENESS  
MONTH**

**18TH SEPTEMBER  
TO 18TH OCTOBER  
2023**

For more information about  
the Awareness month  
events and activities, or if  
you have general questions  
about Speech & Language  
Therapy,  
Please call: 07512 716 478  
(Line open Mon to Fri,  
1-4pm)



Ealing Speech and Language Therapy Facebook Page:  
[facebook.com/SLTEaling](https://facebook.com/SLTEaling)



Ealing Children's Services YouTube channel:  
[youtube.com/@ealingchildrensservices6470](https://youtube.com/@ealingchildrensservices6470)



Ealing Speech and Language Therapy Website:  
[www.westlondon.nhs.uk/slt](http://www.westlondon.nhs.uk/slt)